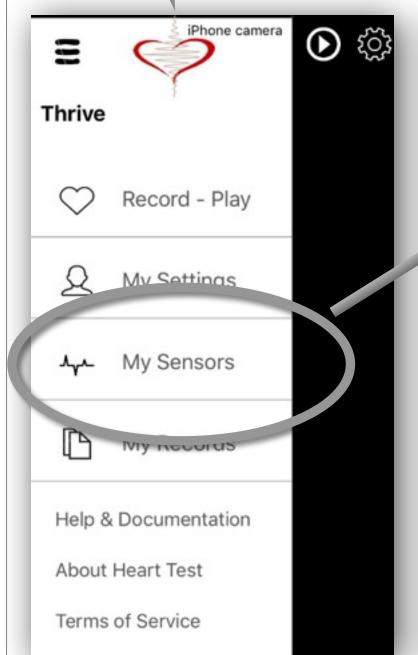
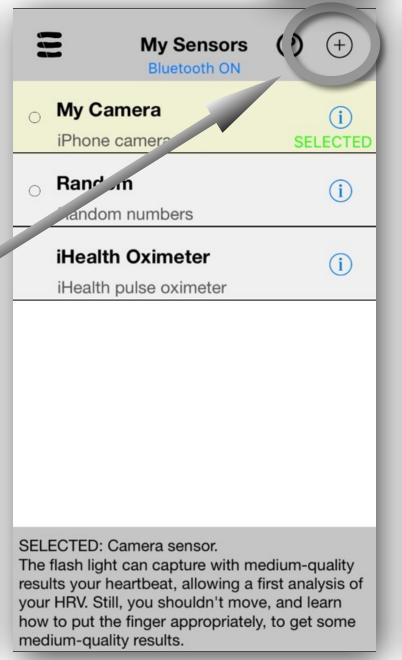




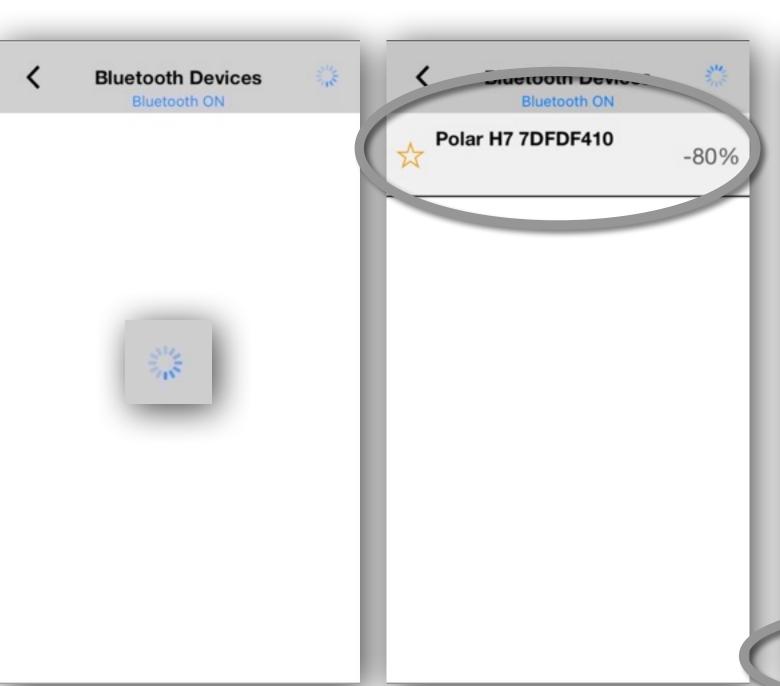


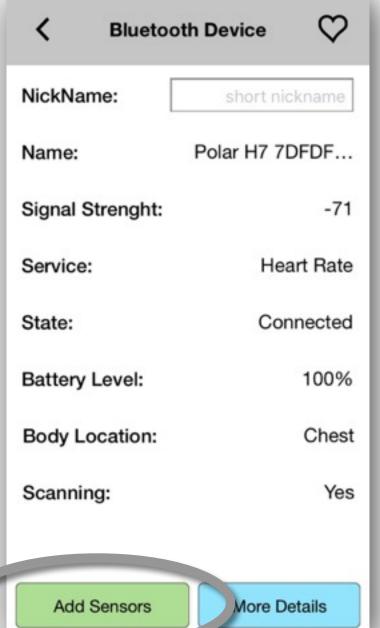
Selecting the sensor



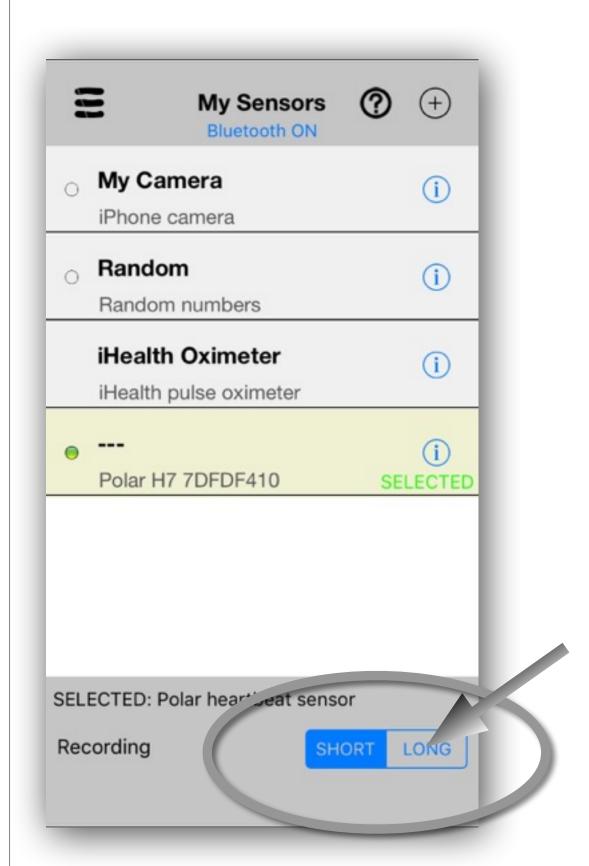


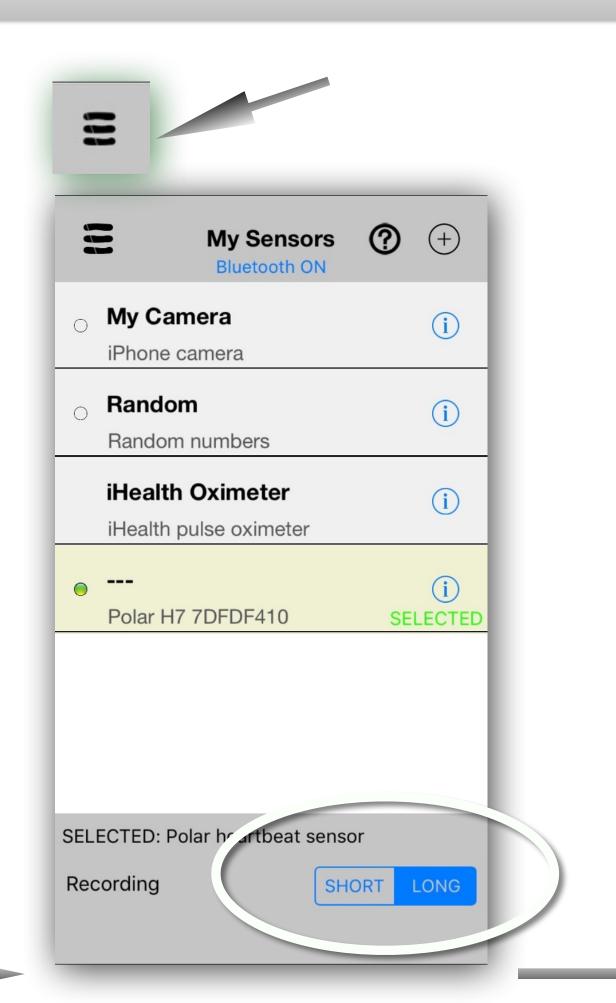
 $\oplus$ 

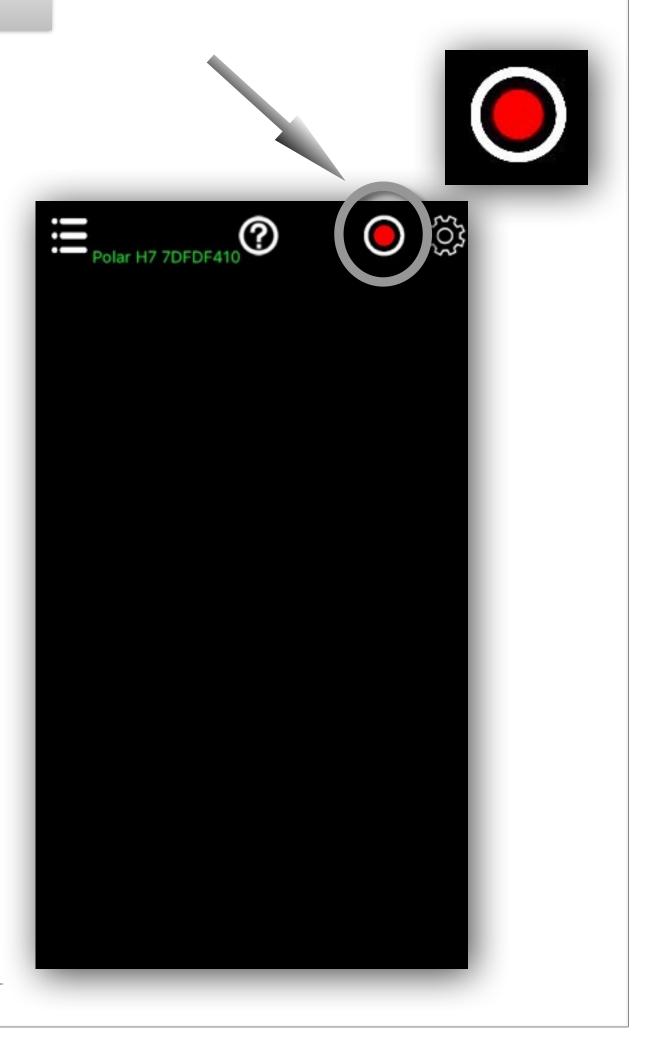










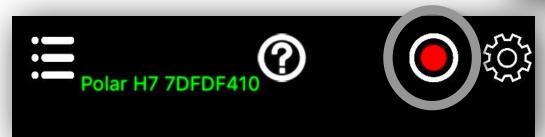


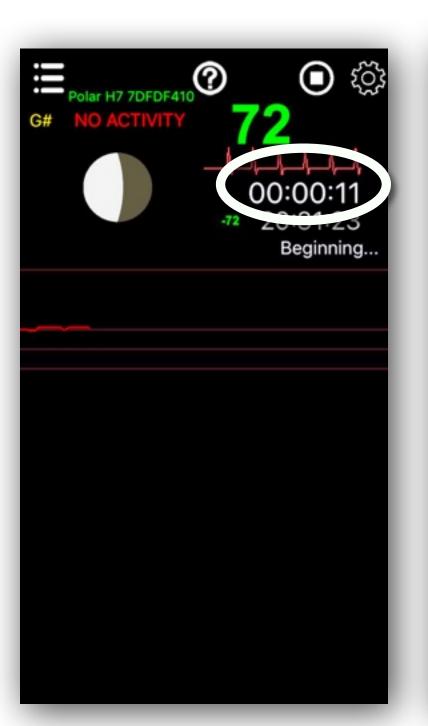


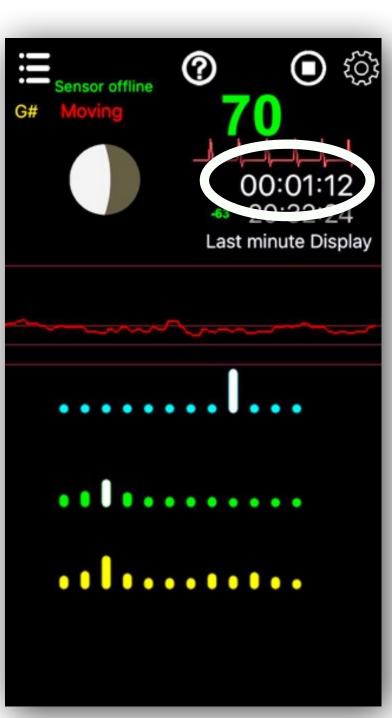
from

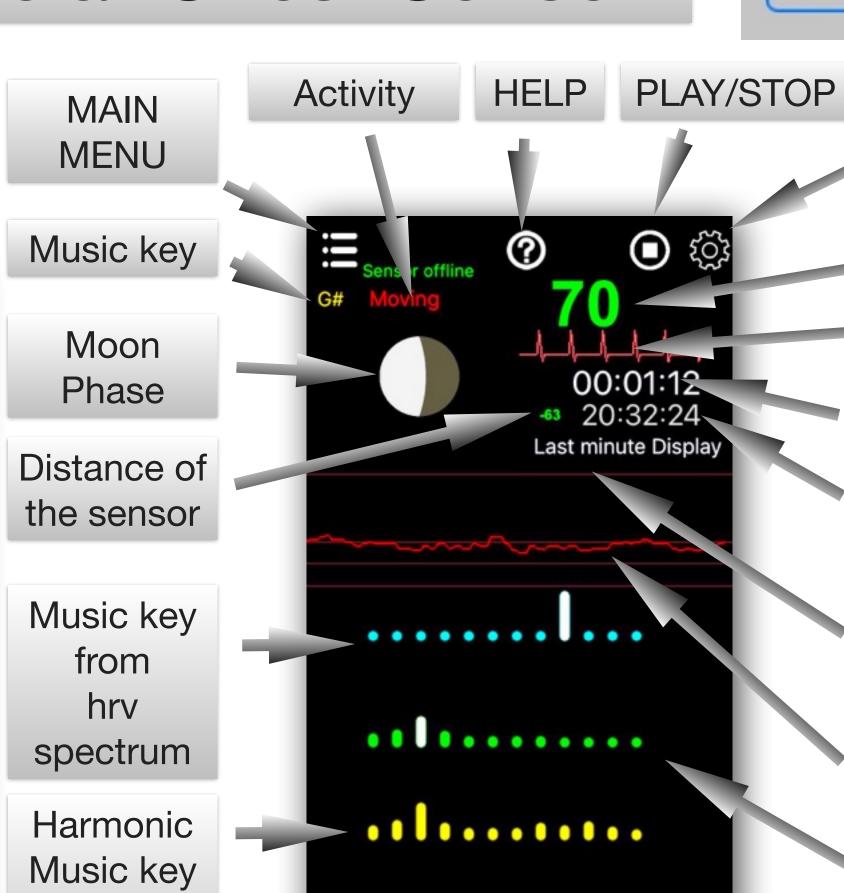
pulses

SHORT LONG









ACTIVITY PARAMETERS

Heart rate

Heart beats

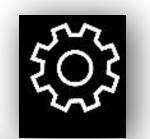
Running Time

Real Time

Time base of hrs display

HRV

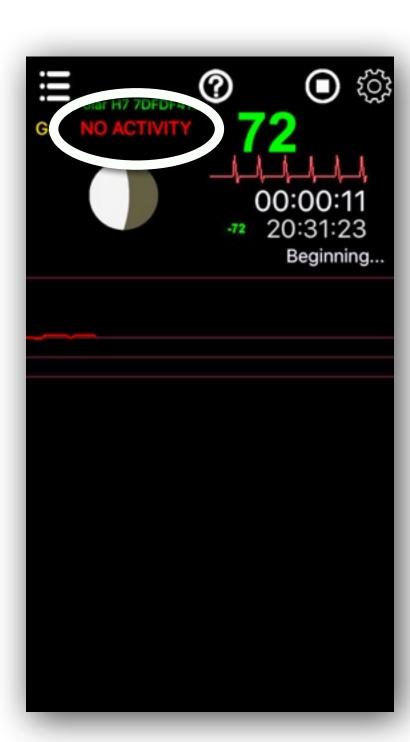
Music key from pulses

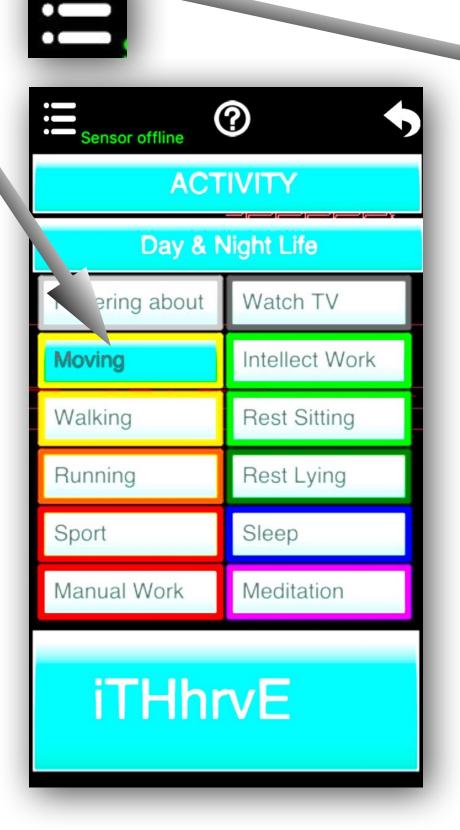


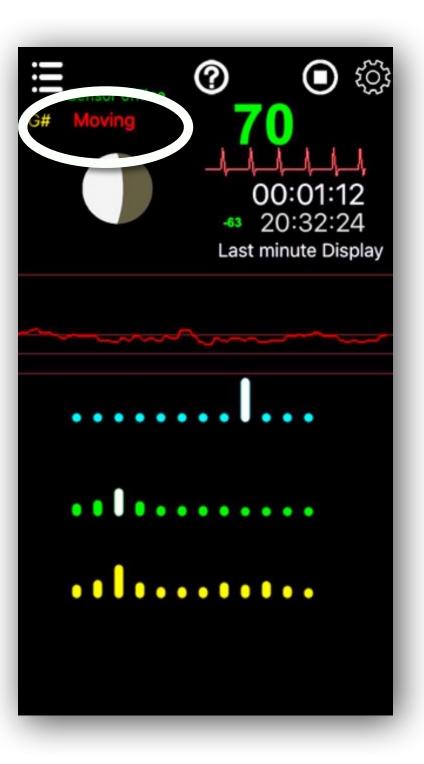










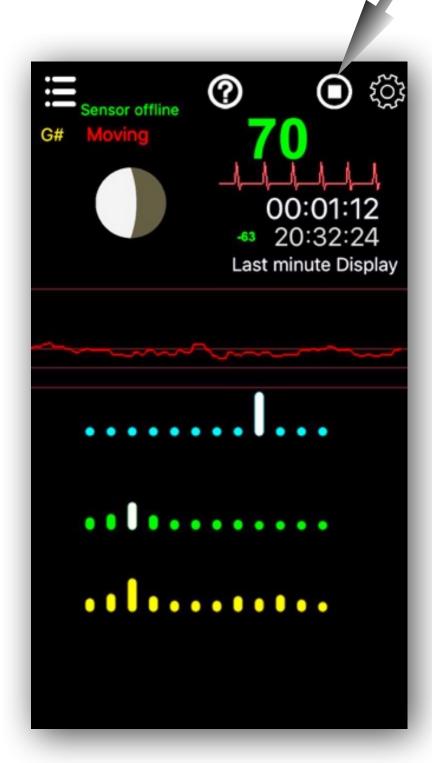


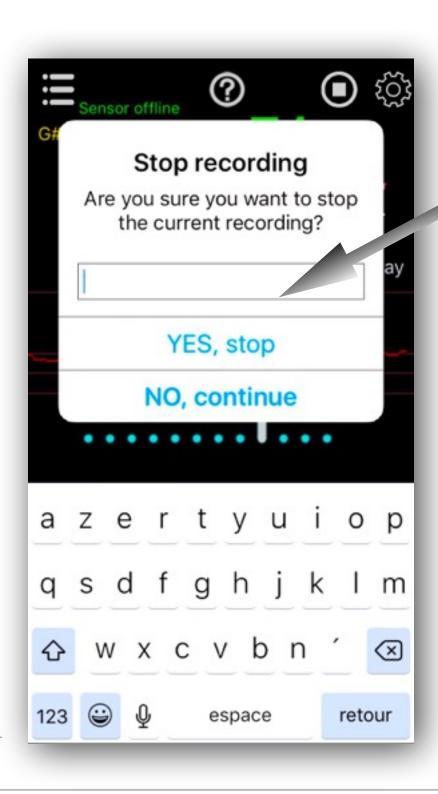




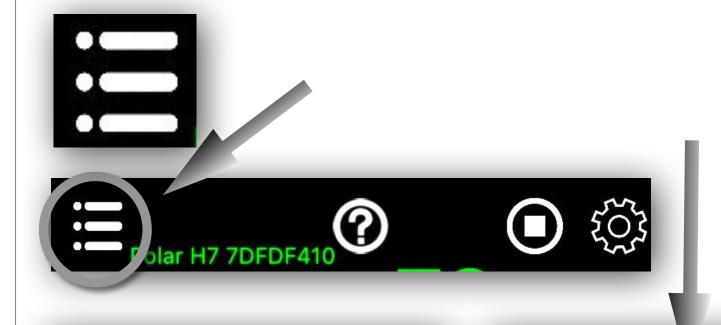


## STOP recording





You can add (and save) a comment concerning this record.



#### .\_\_ 2016-01-02LON (i) record Polar H7 7DF Thrive Record - Play 2015-12-20 02-25:56 John 616KB 2015-12-19 01-03:49 John 916KB My Settings 2015-12-12 01-30:27 Good night 884KB 2015-12-05 01-18:18 john NIGHT 909KB My Sensors 2015-11-20 18-20 YOGA 150KB My Records 2015-11-16 20-03 IMPRO 290KB DEMO File: 8 hours record (night record) Help & Documentation About Heart Test User: Your\_Name 2015-12-12 01:30:27 => 08:34:31 07:04:04 File size: 884KB Total number of Beats: 25525 Terms of Service

### Polar Chest Sensor

### Play Back

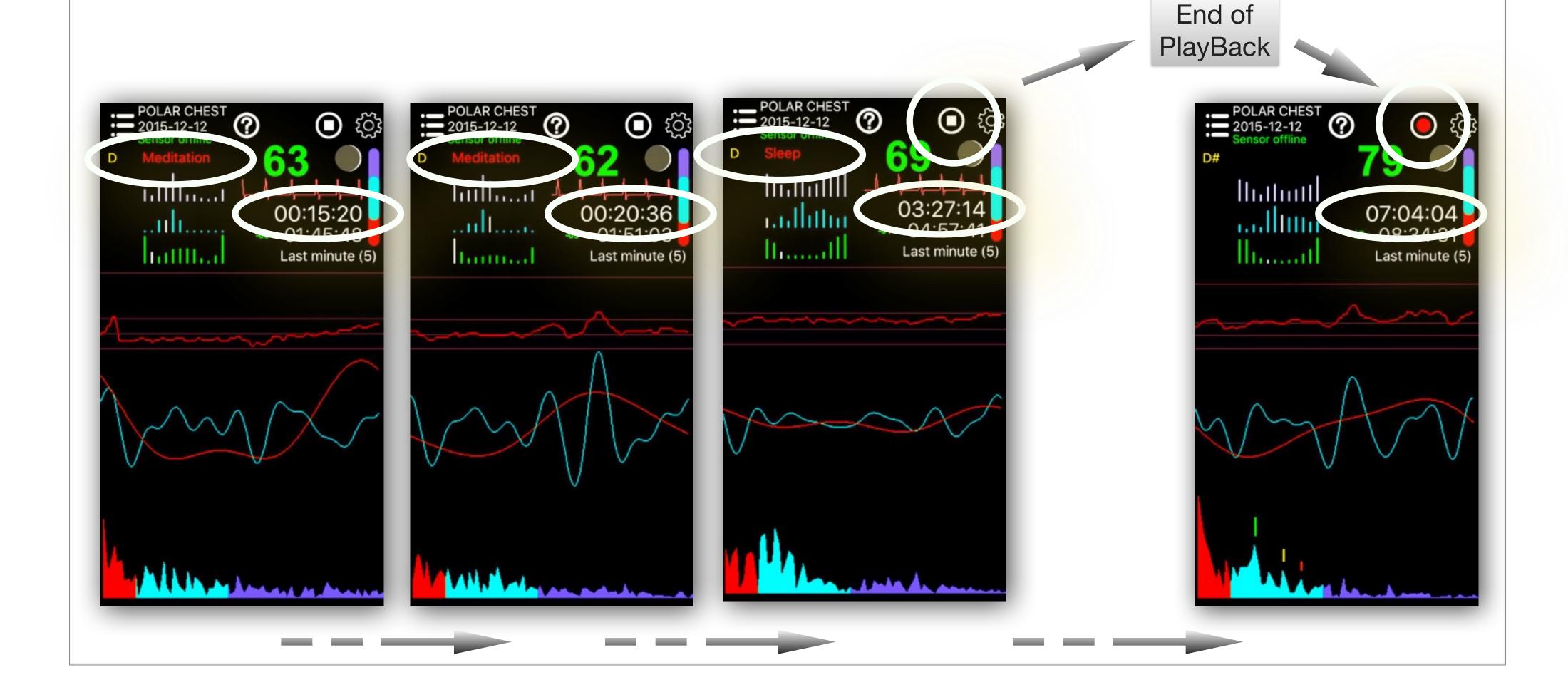
Fast PlayBack

Select a file





### Play Back



### End of Play Back

### **SWIPE UP - SWIPE DOWN**

to display graph analysis



