

FlameinMind

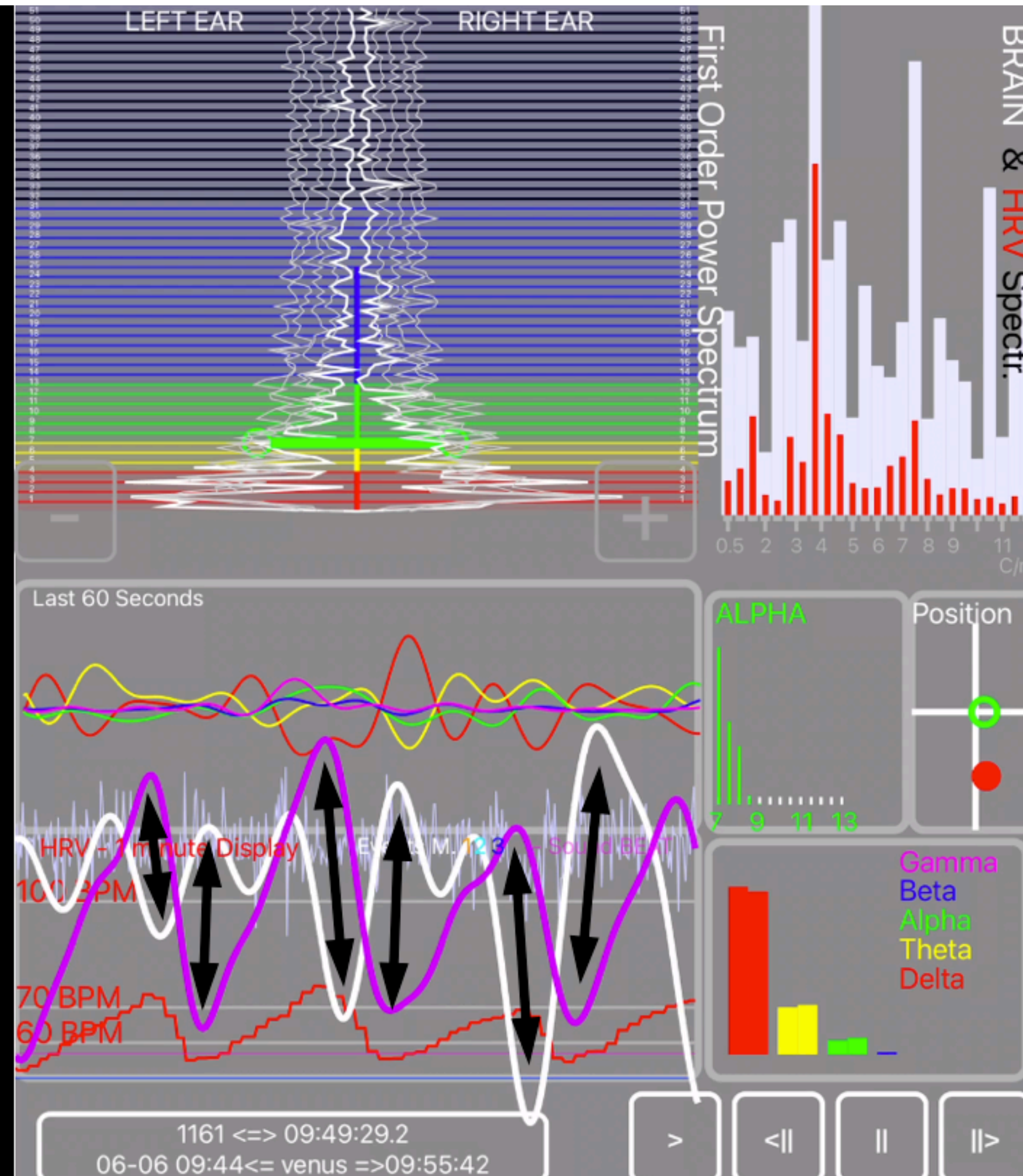
Brain & HRV infra waves link

3 minutes
of a recording

PlayBack
At 10x. Speed

Screen Display
1 minute

Brain Raw Data
0.1 Hz HRV Wave
0.1 Hz Brain Wave
HRV



Brain Spectrum
HRV Spectrum

Brain & HRV infra waves link



07:06 Dim. 3 janv. 100 %

BrainWaves PlayBack

	2021-01-02 17:45 testt	4.0 MB
	2021-01-02 09:44 pat alpha sit	10.3 MB
	2021-01-02 09:16 alpha eyes	2.0 MB
	2021-01-01 17:39 events test	16.2 MB
	2020-12-31 15:48 mara	3.2 MB
	2020-12-31 07:51	6.8 MB
	2020-12-30 06:15	11.3 MB
	2020-12-30 06:00	2.3 MB
	2020-12-29 08:17	32.5 MB
	2020-12-29 08:12	5.0 MB
	2020-12-27 08:45	16.5 MB
	2020-12-26 15:07	17.3 MB
	2020-12-26 08:33 see shore psio	24.5 MB
	2020-12-24 14:21 see shore psio	15.0 MB

File Selected
2020-12-30 06:03 alpha pat
END: 2020-12-30 06:06:32
NOTE:
Empty Note

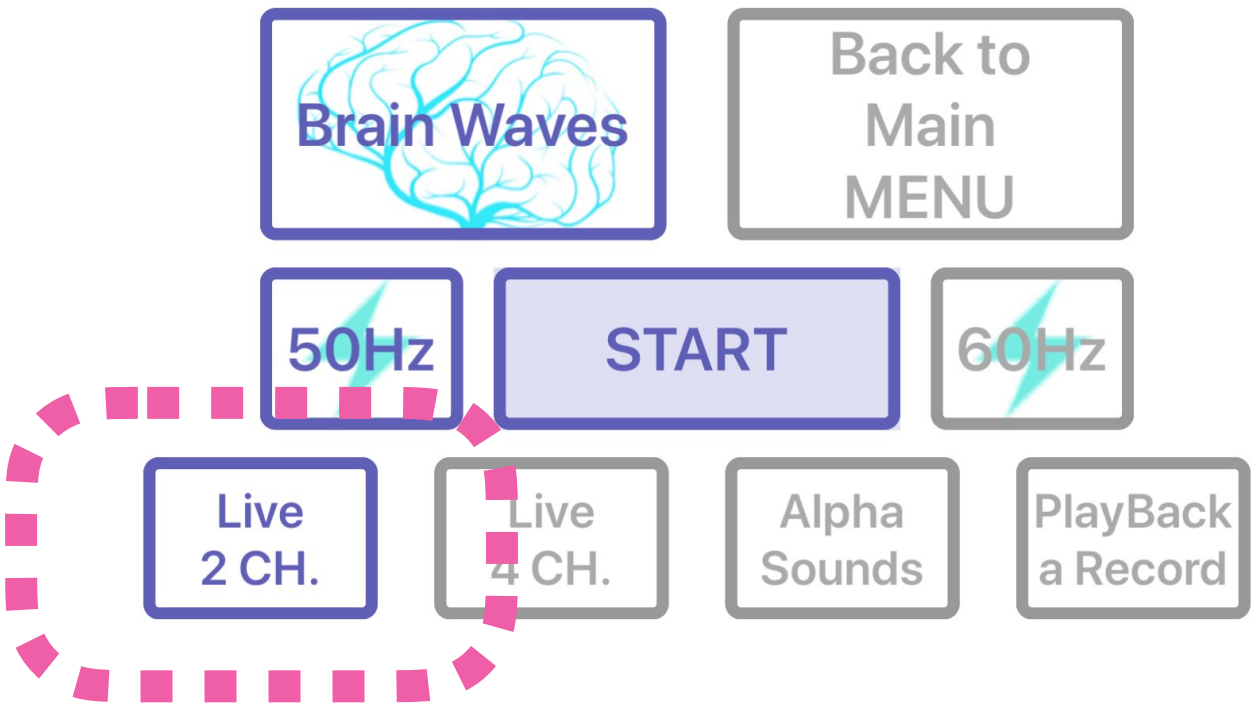
[BACK to the LIST](#)

[Export csv File](#)

[Analyse](#)

[PLAY](#)

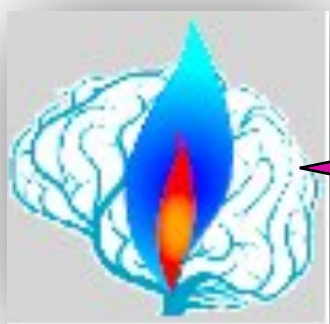
Waves ANALYSER Sensors Search BiNaural SOUNDS



**This option is
only available
While *Playing Back*
2 channels recordings**



**2 channels recording
(back brain)**

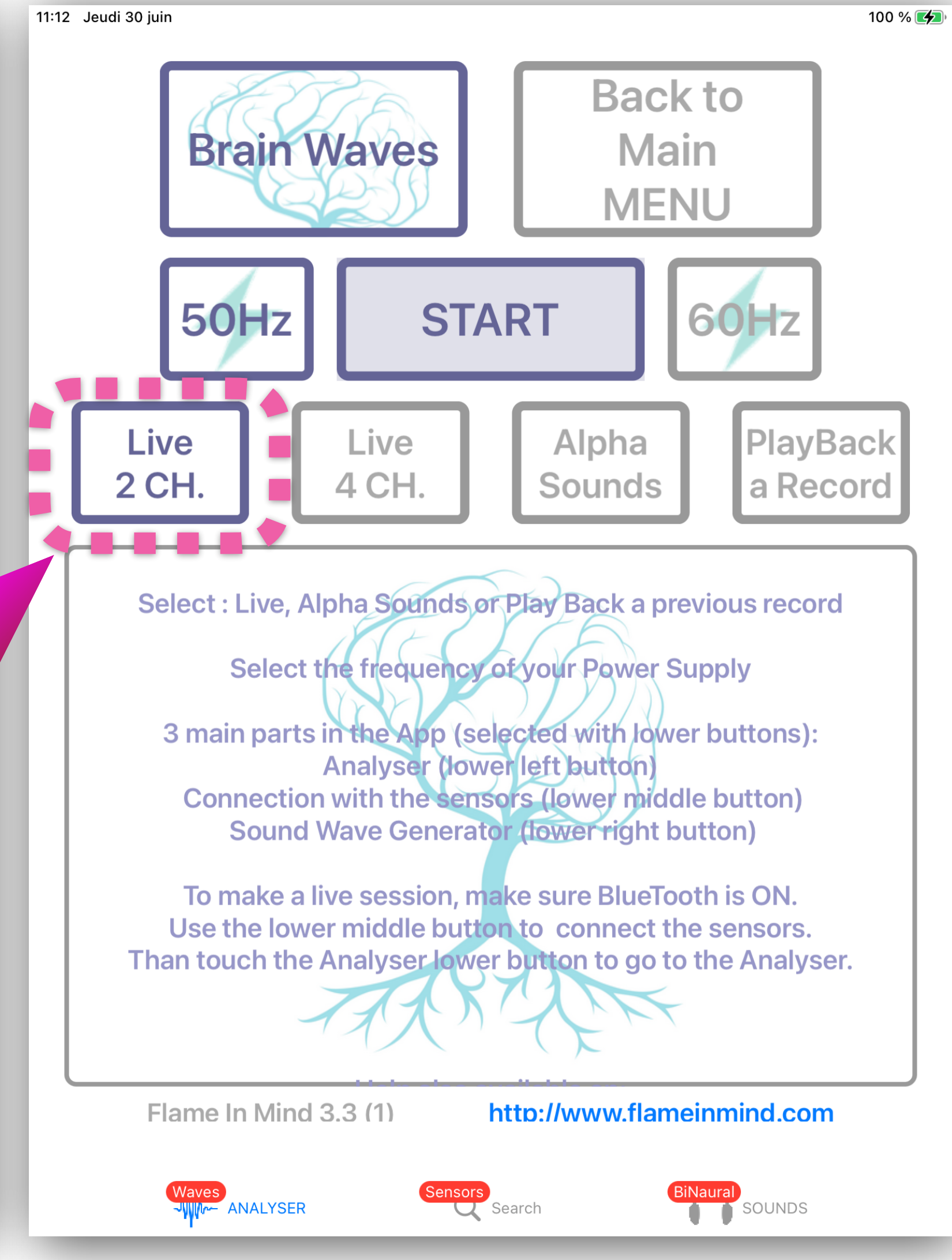
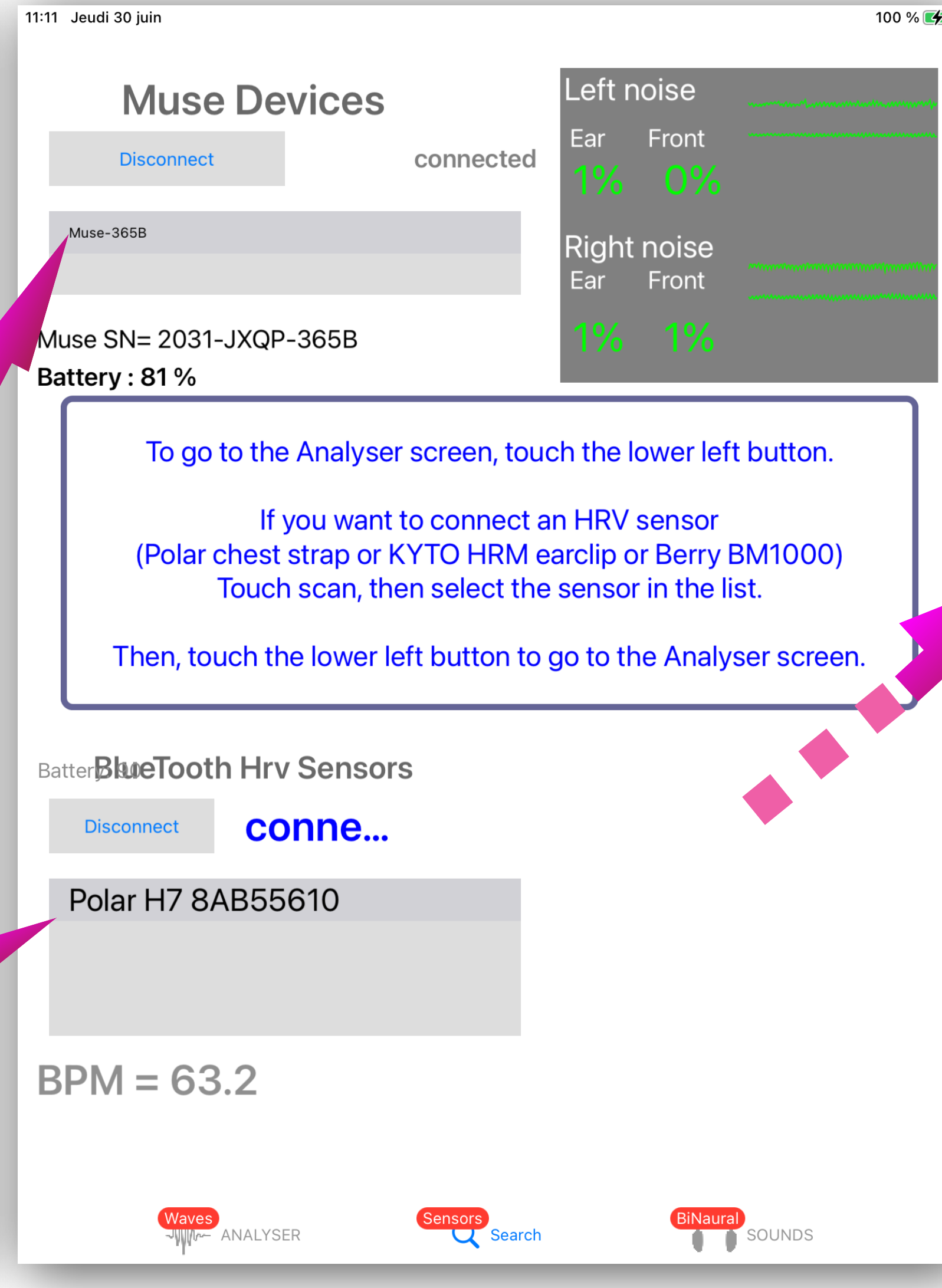
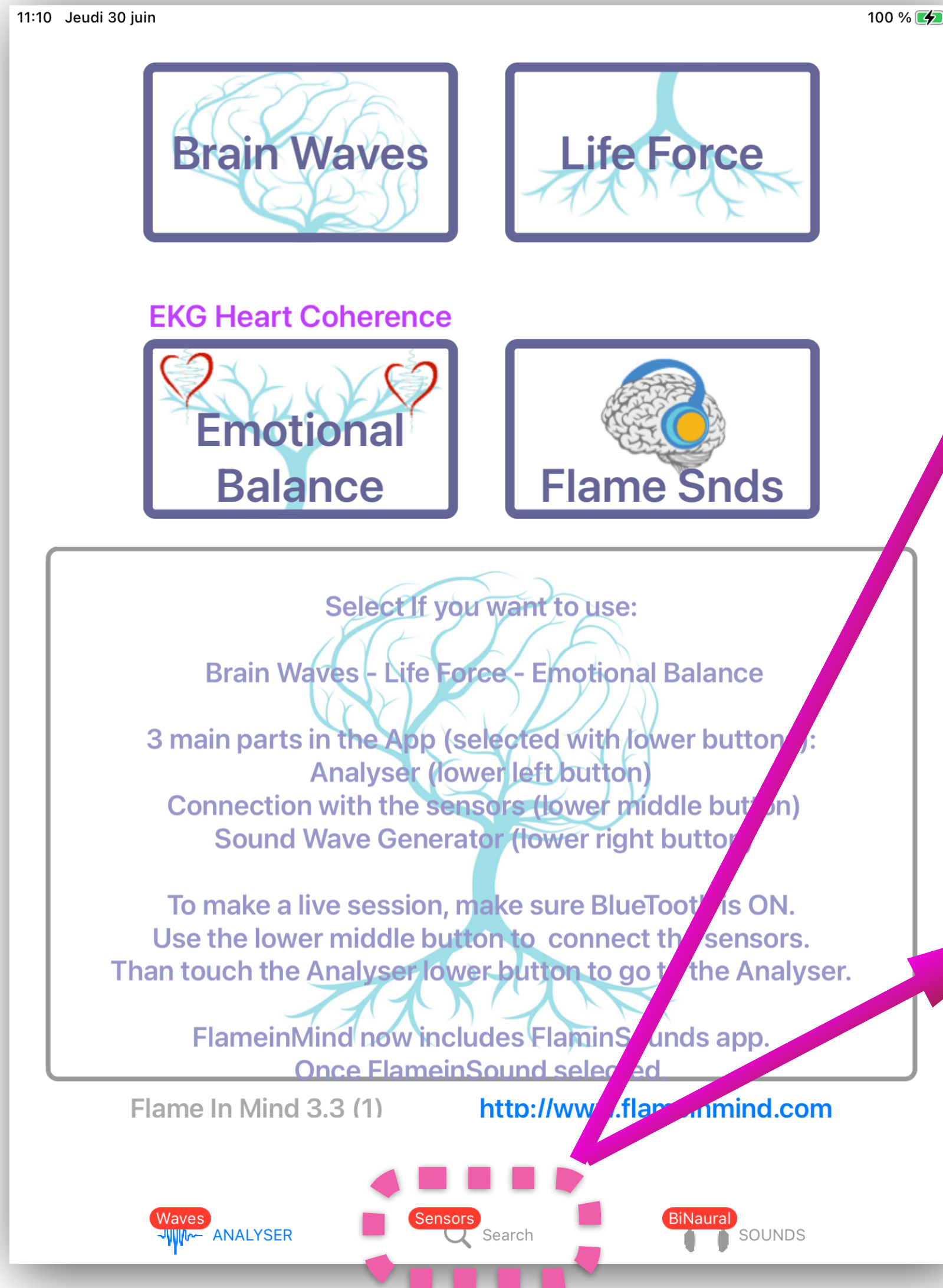


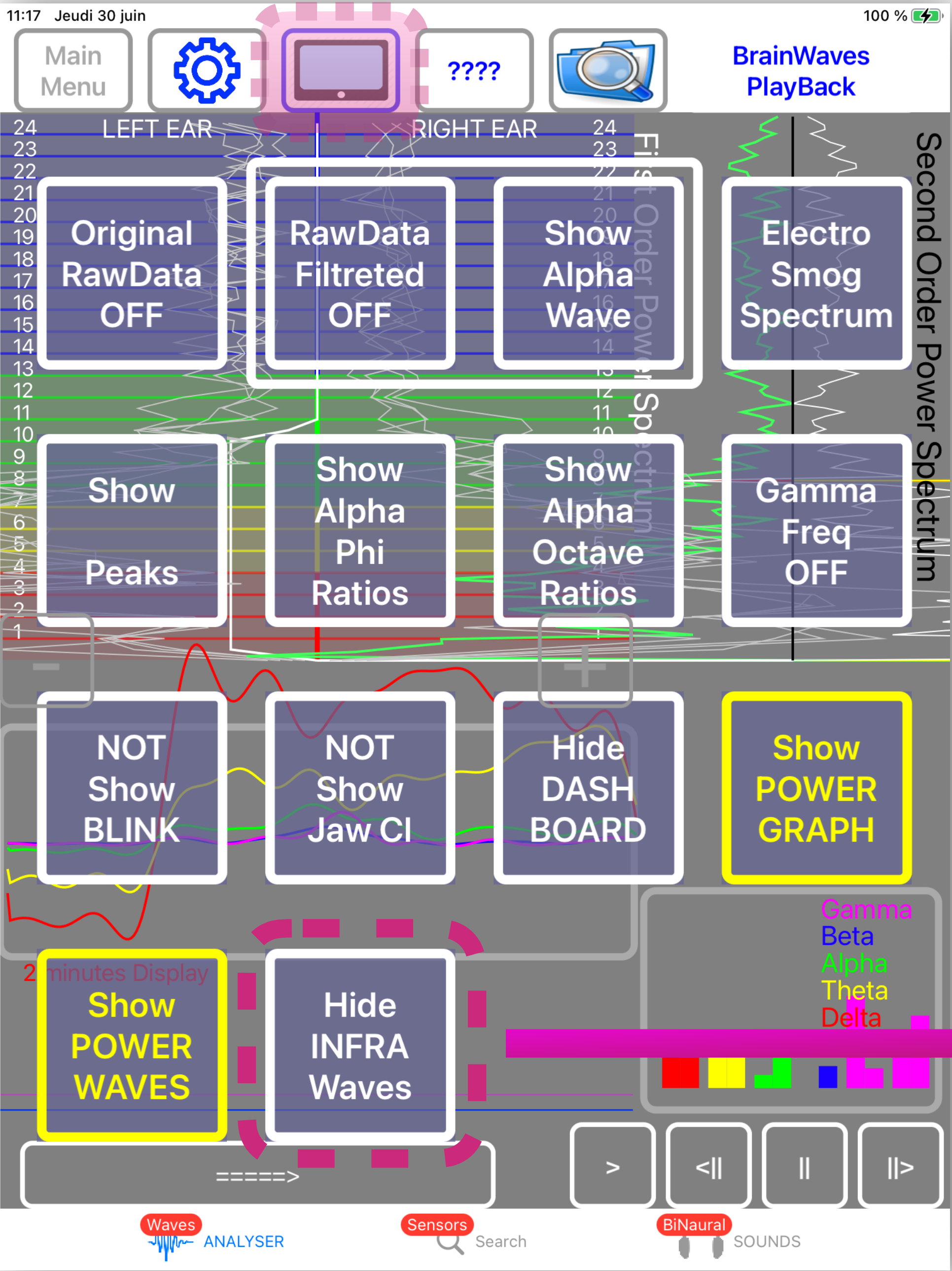
**4 channels recording
(Flow - front & back brain)**

Before Recording

Muse & Polar
Must **Both**
Be selected

This option is only
available for
2 channels recordings





BEFORE
selecting
A file
For playback



Show RAW Data

OR

Show Infra Waves

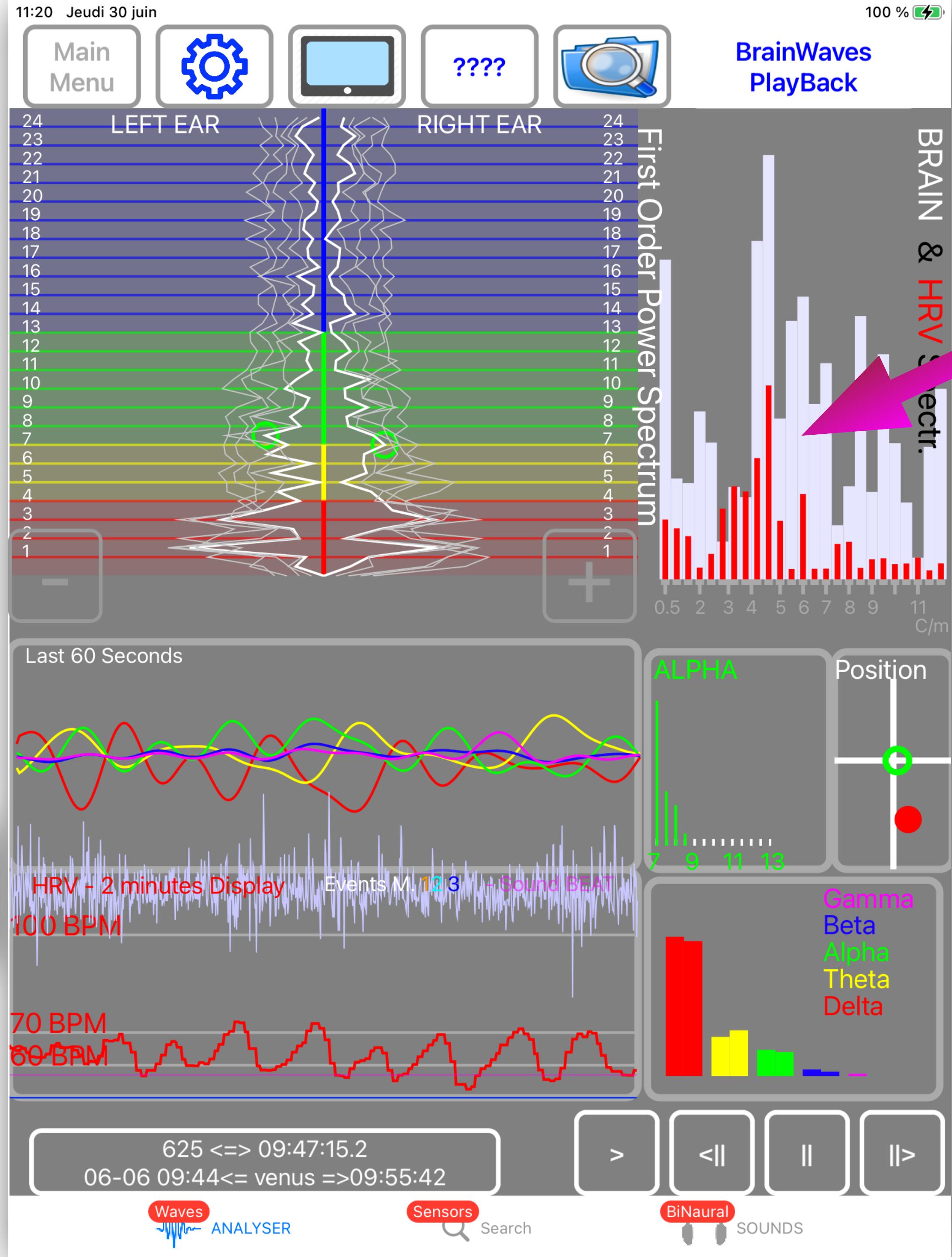
OR

Show Raw +WAVES



Show
RAW
Data

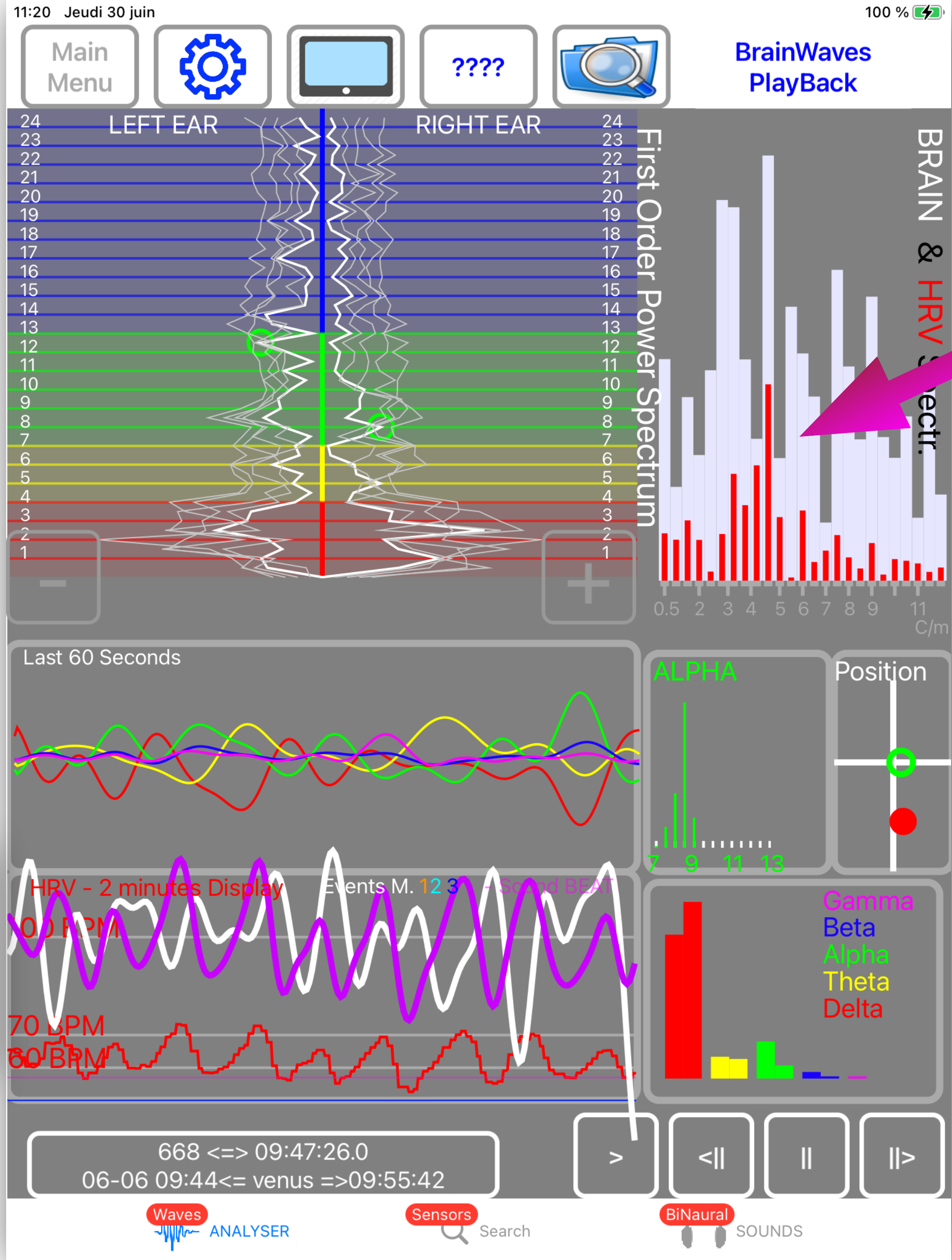
Brain Raw Data



Brain Spectrum
HRV Spectrum

Show
Infra
Waves

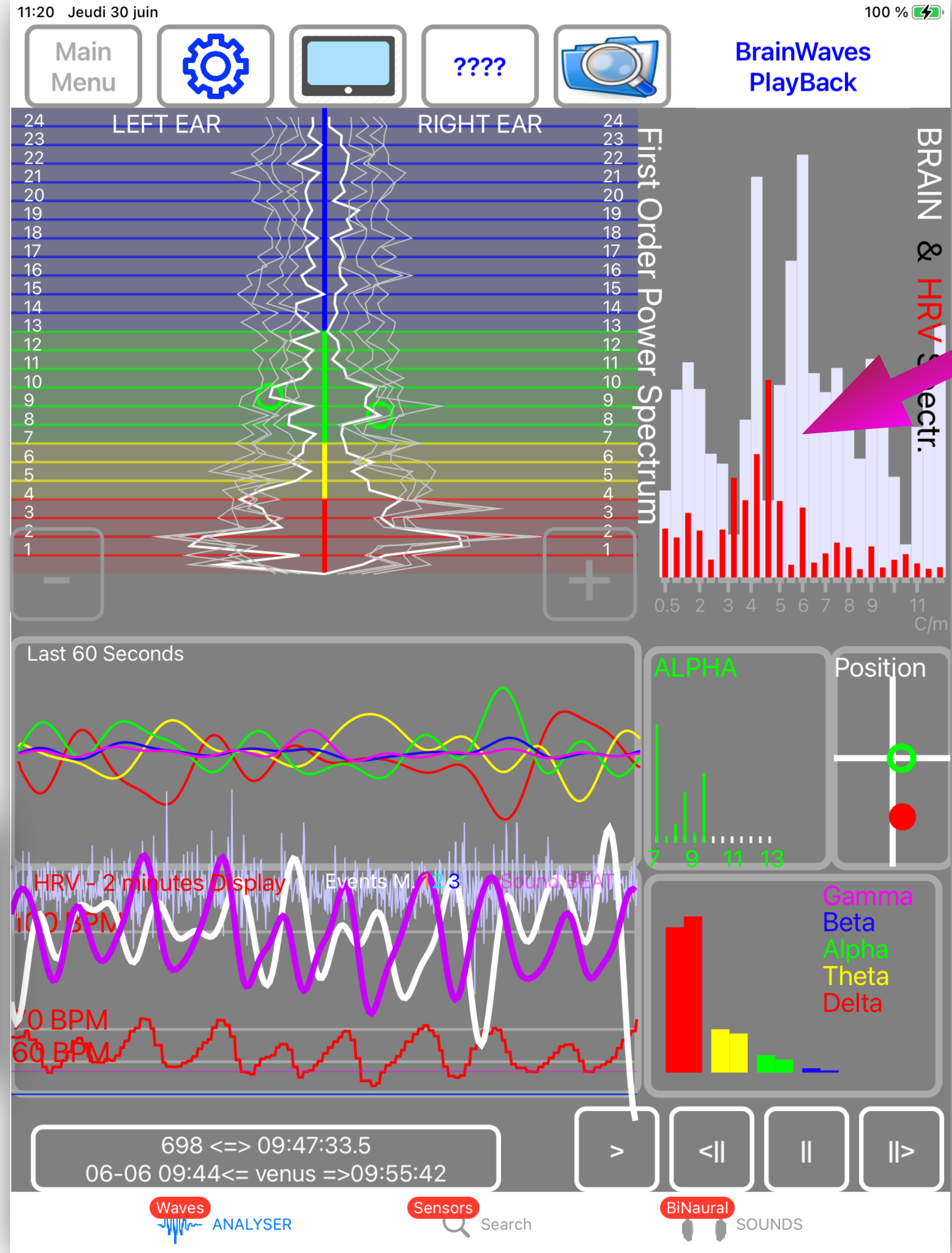
0.1 Hz HRV Wave
0.1 Hz Brain Wave
HRV



Brain Spectrum
HRV Spectrum

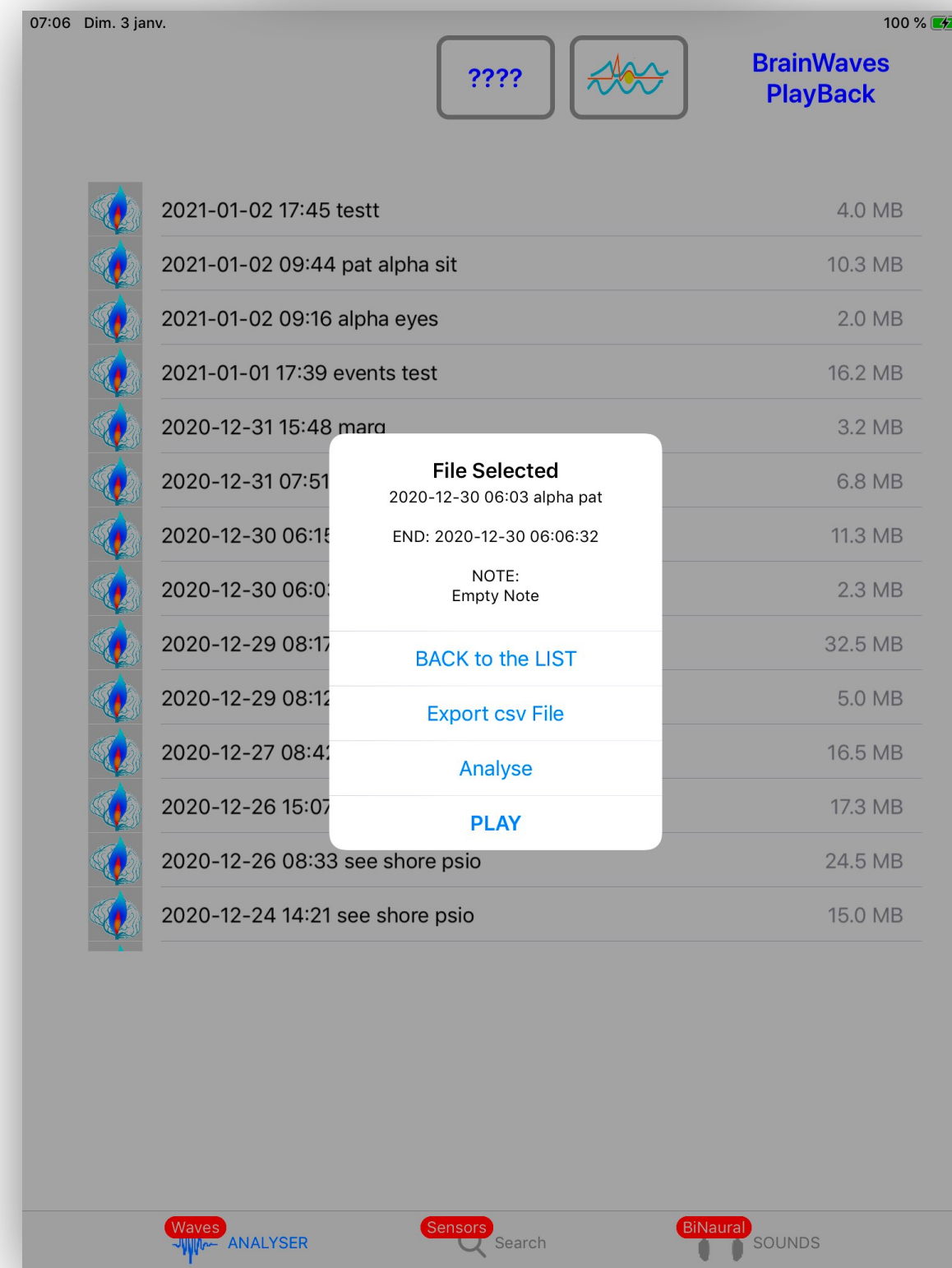
Show
Raw
+WAVES

Brain Raw Data
0.1 Hz HRV Wave
0.1 Hz Brain Wave
HRV

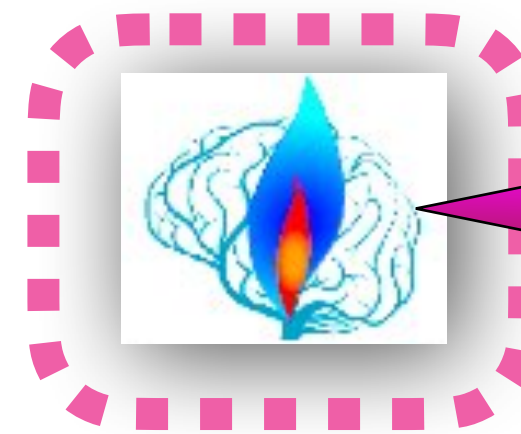


Brain Spectrum
HRV Spectrum

Brain & HRV infra waves PLAY BACK



This option is
only available
While Playing Back
And
For 2 channels recordings



2 channels recording
(back brain)



4 channels recording
(Flow - front & back brain)

2020-09-14 14:22 pierre alpha
2020-09-12 15:37 mozart
2020-09-11 16:14
2020-08-28 15:2
2020-08-13 16:46
2020-08-13 15:18
2020-08-13 14:45
2020-08-12 16:37
2020-08-12 15:18
2020-08-12 14:57 beat shift 8
2020-08-12 13:23 beat 8

File Selected

2020-09-19 16:22 test rmsd

END: 2020-09-19 16:25:58

NOTE:
Empty Note

BACK to the LIST

Export csv File

Analyse

PLAY

BACK to the LIST

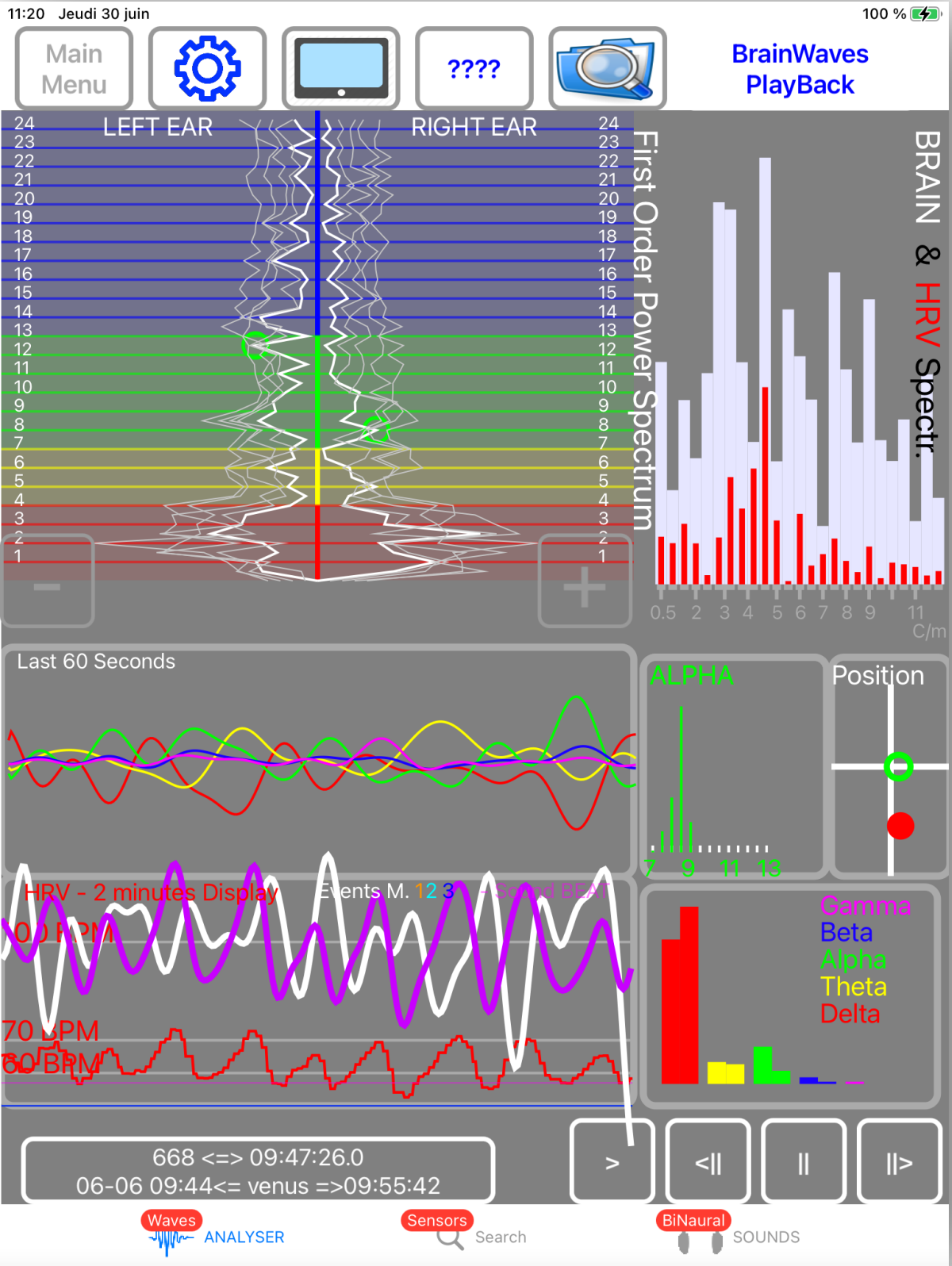
Export csv File

Analyse

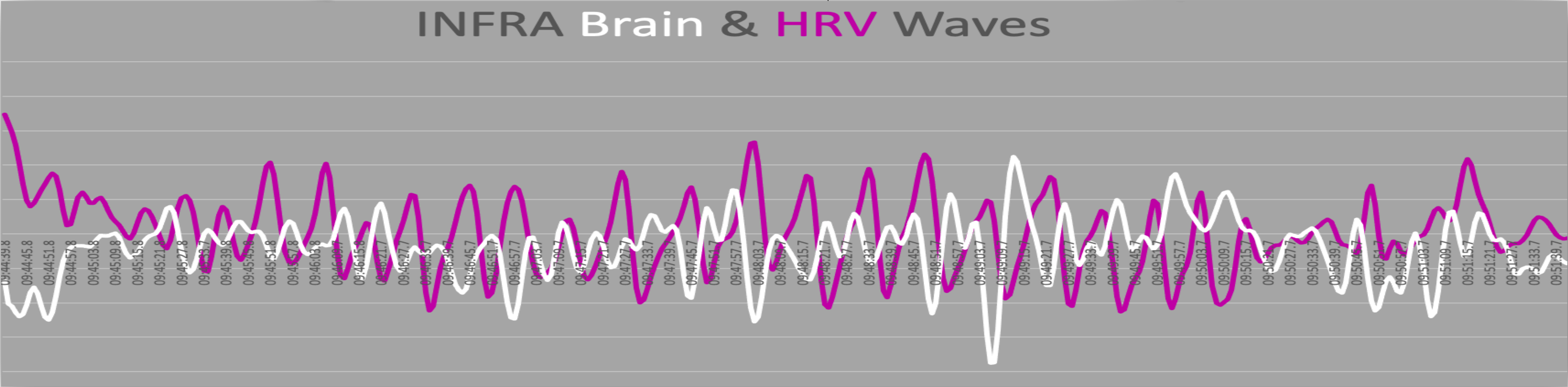
PLAY

BACK to the LIST

Export csv File



Export to Excel



2020-09-14 14:22 pierre alpha

2020-09-12 15:37 mozart

2020-09-11 16:14

2020-08-28 15:2

2020-08-13 16:4

2020-08-13 15:16

2020-08-13 14:4

2020-08-12 16:37

2020-08-12 15:16

2020-08-12 14:57 beat shift 8

2020-08-12 13:23 heat 8

File Selected

2020-09-19 16:22 test rmsd

END: 2020-09-19 16:25:58

NOTE: Empty Note

BACK to the LIST

Export csv File

Analyse

PLAY

BACK to the LIST

Export csv File

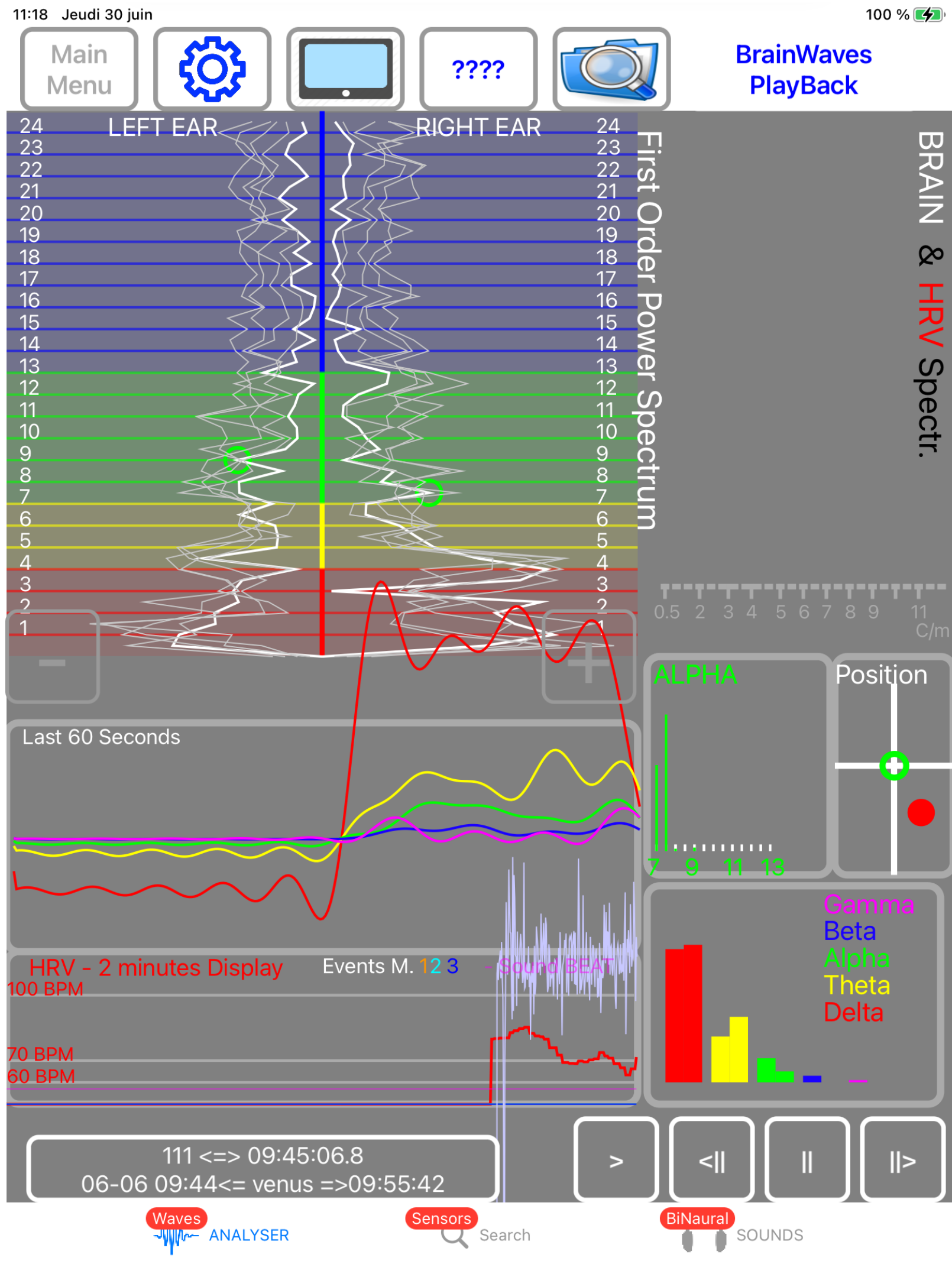
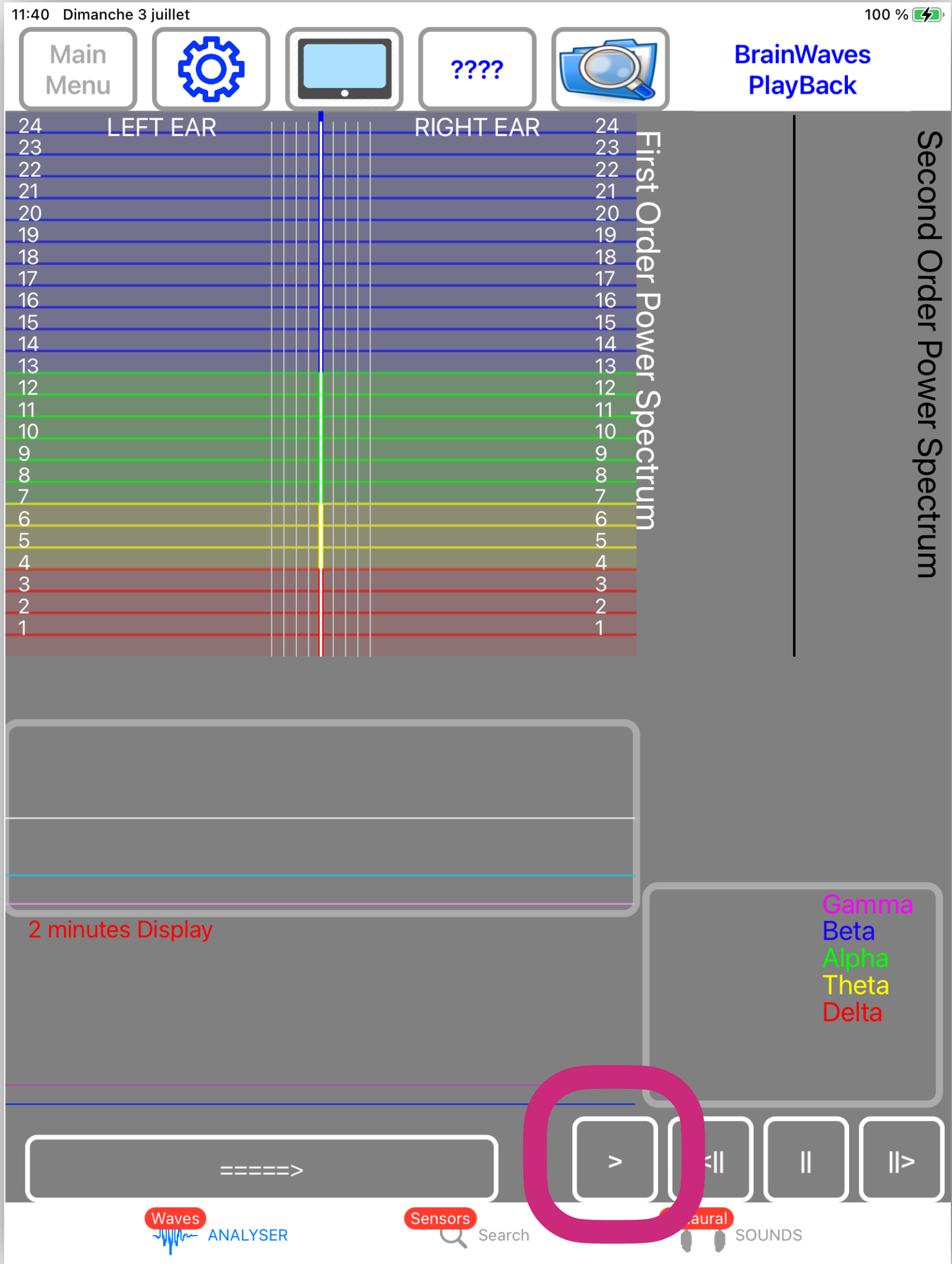
Analyse

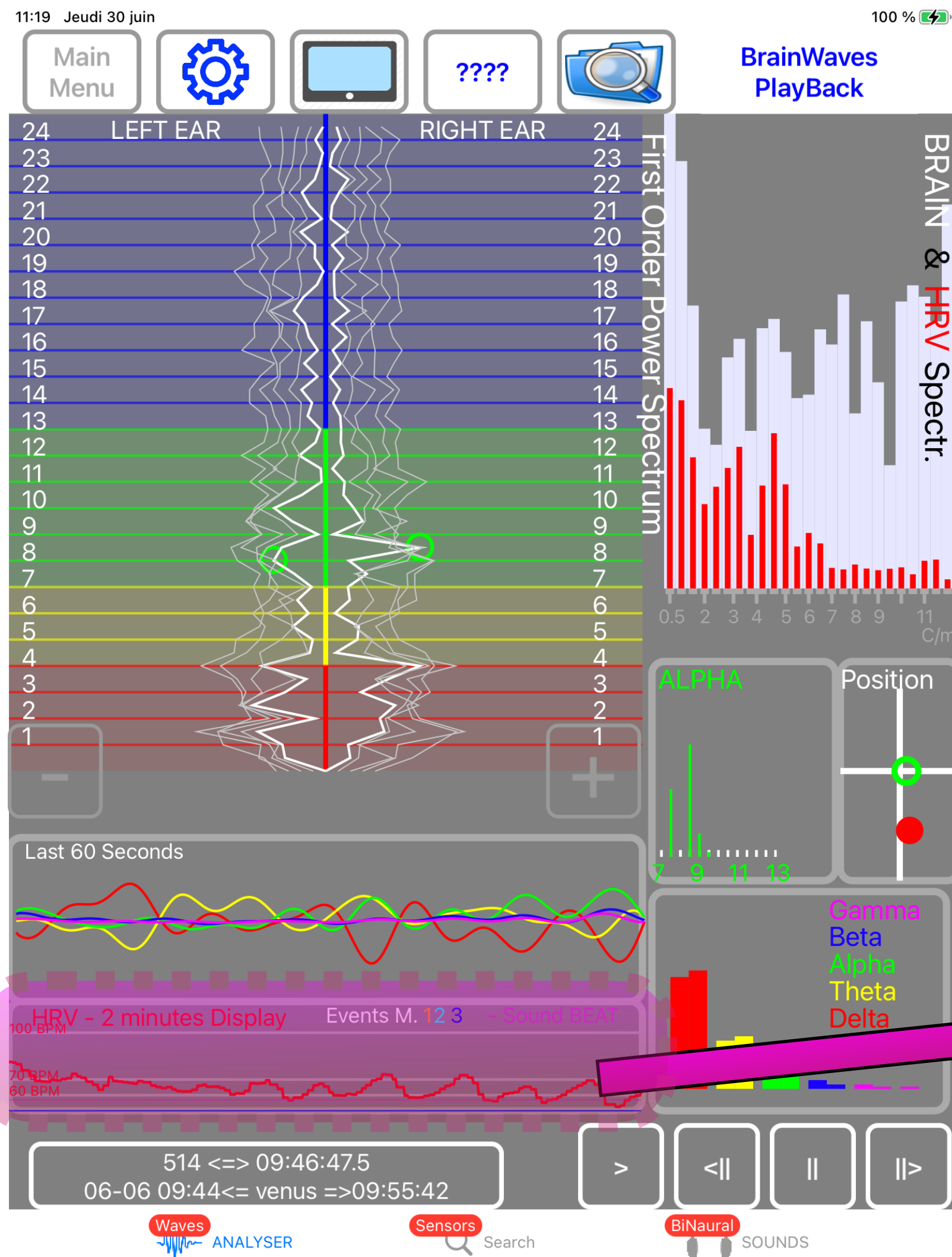
PLAY



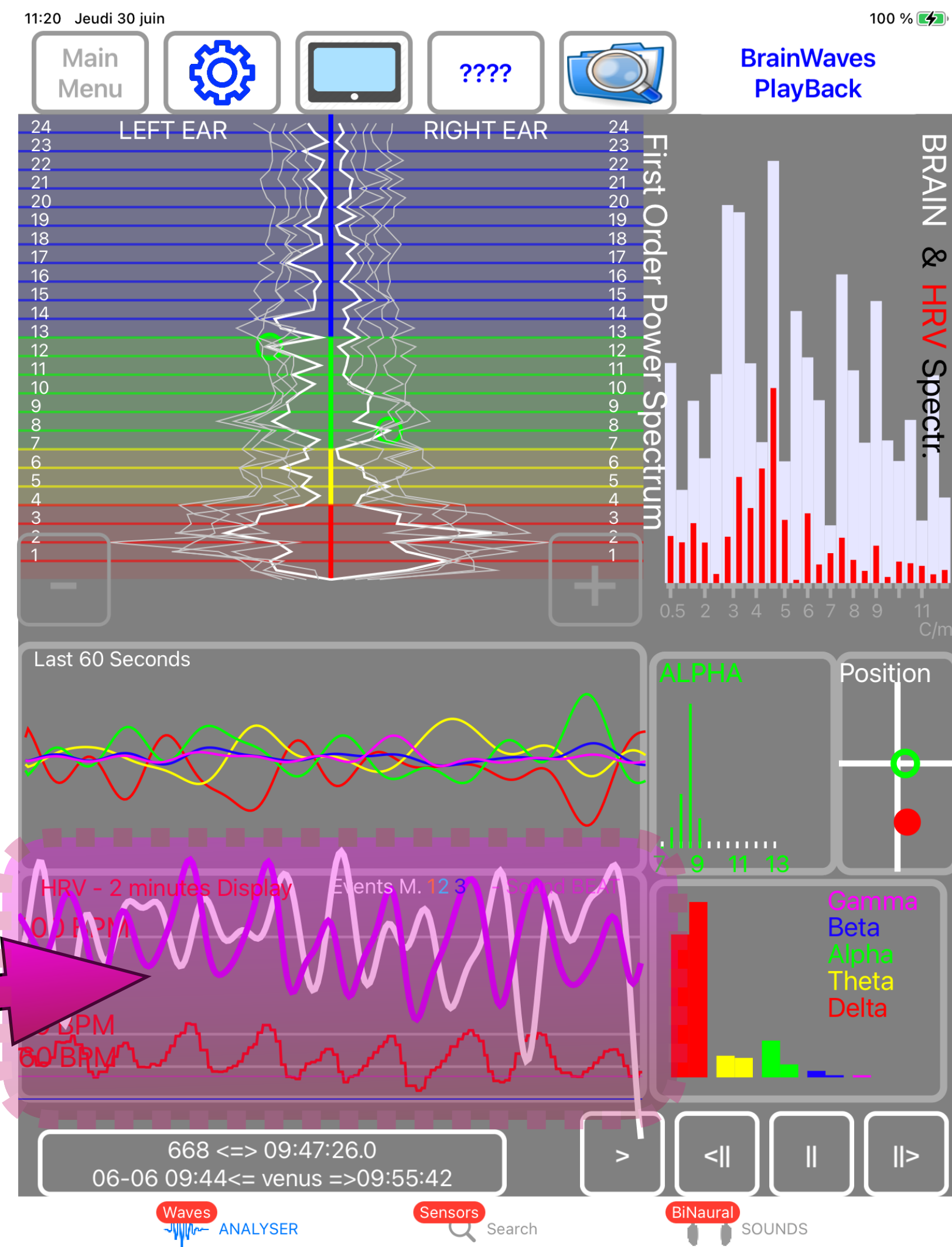
Press **PLAY** to start Playback

(Playback only available in real time speed)






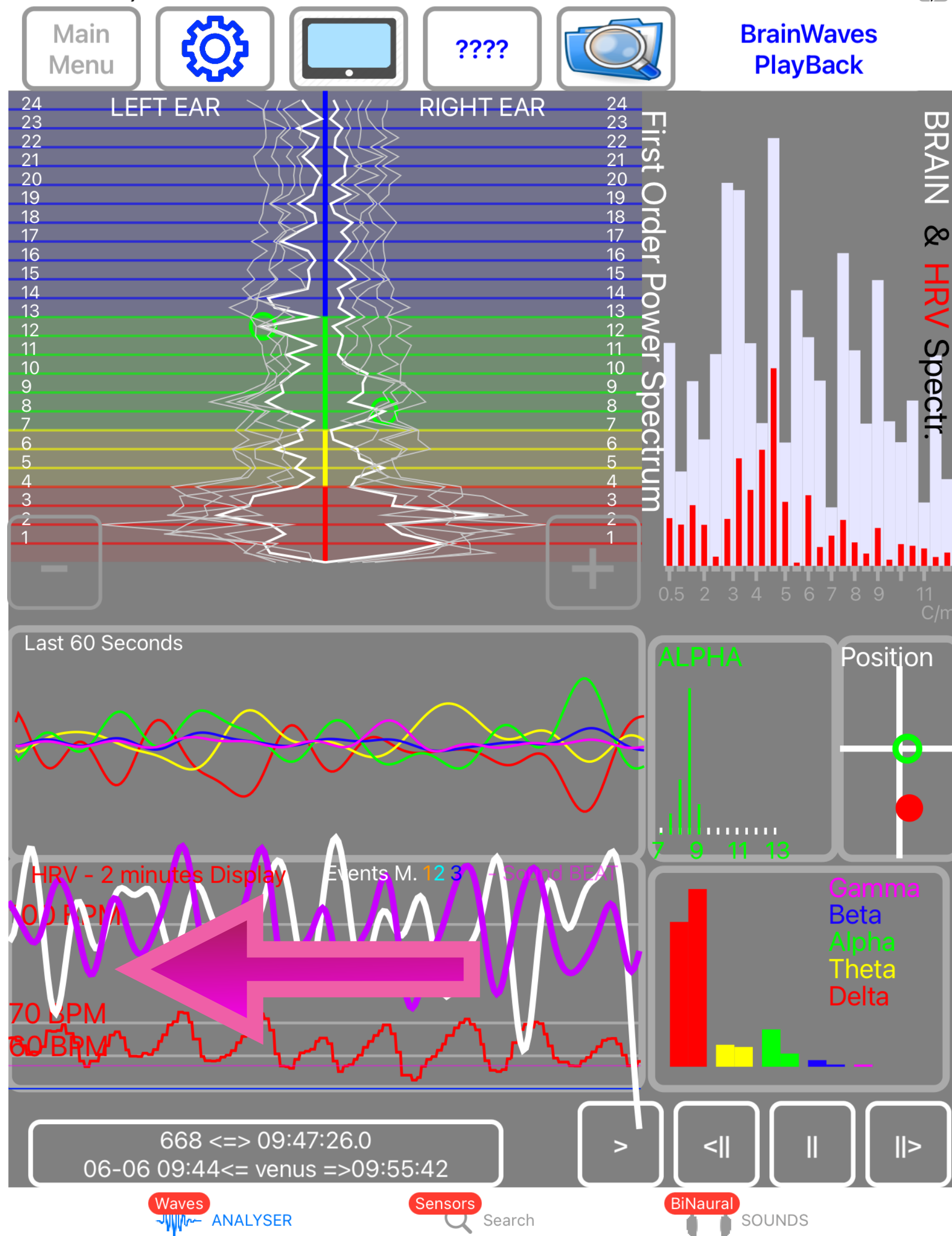
**Touch HRV window
(A few Sec)
To enlarge it**



**Infra waves and spectrum
will be displayed
after 2 minutes of Playback**

11:20 Jeudi 30 juin

100 % 



**Swipe LEFT
HRV window
To change the time base**

**(Only 1 or 2 minutes available
For Infra Waves display)**

Sharing iPhone/iPad FlameinMind files



FlameinMind files

.msf (2 channels recording)

.flo (4 channels recording)

.csv (export for Excel)

Can be share between users

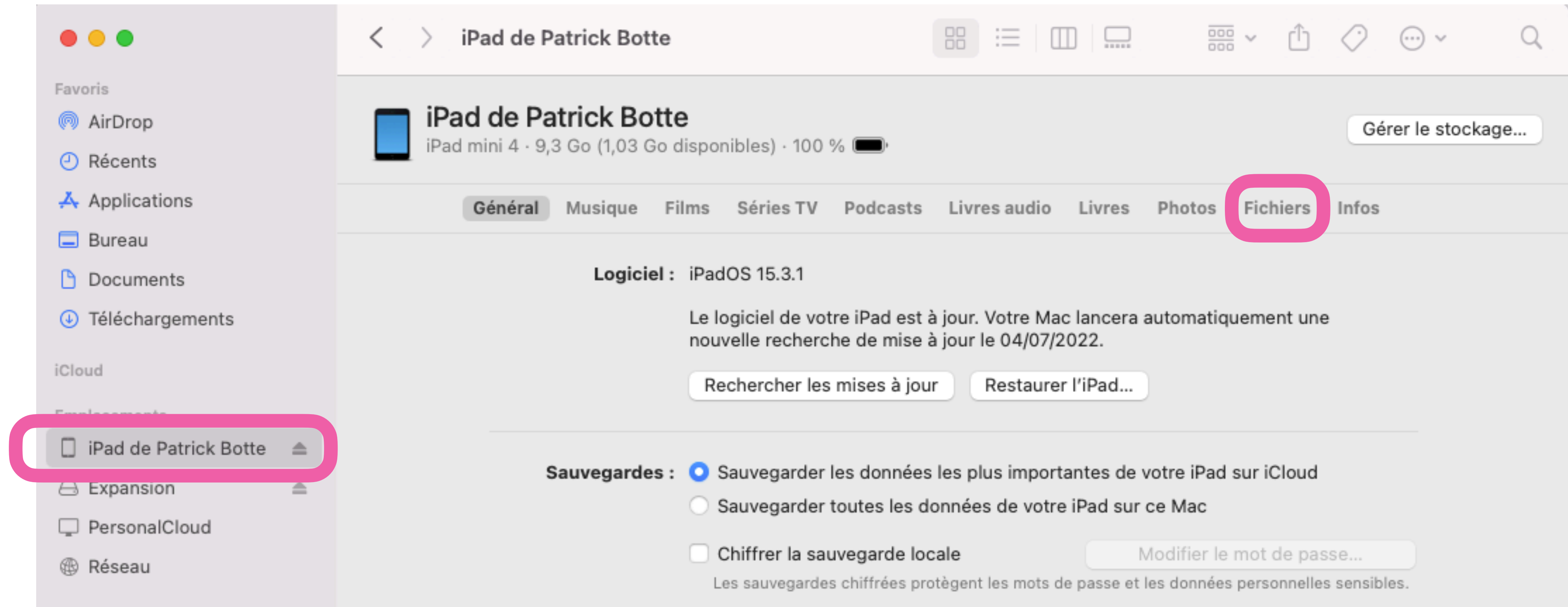
.msf and **.flo** can be shared and played back on any FlameinMind app

.csv can be imported to any Excel app

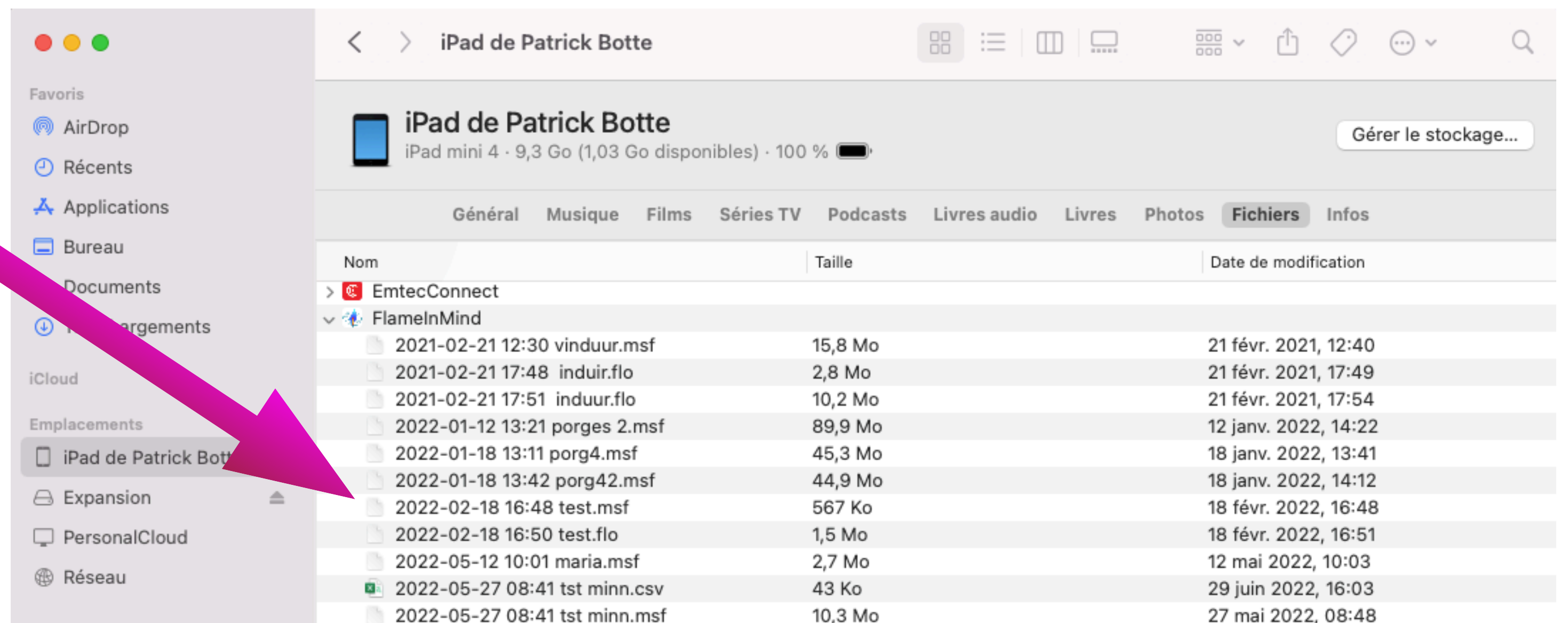
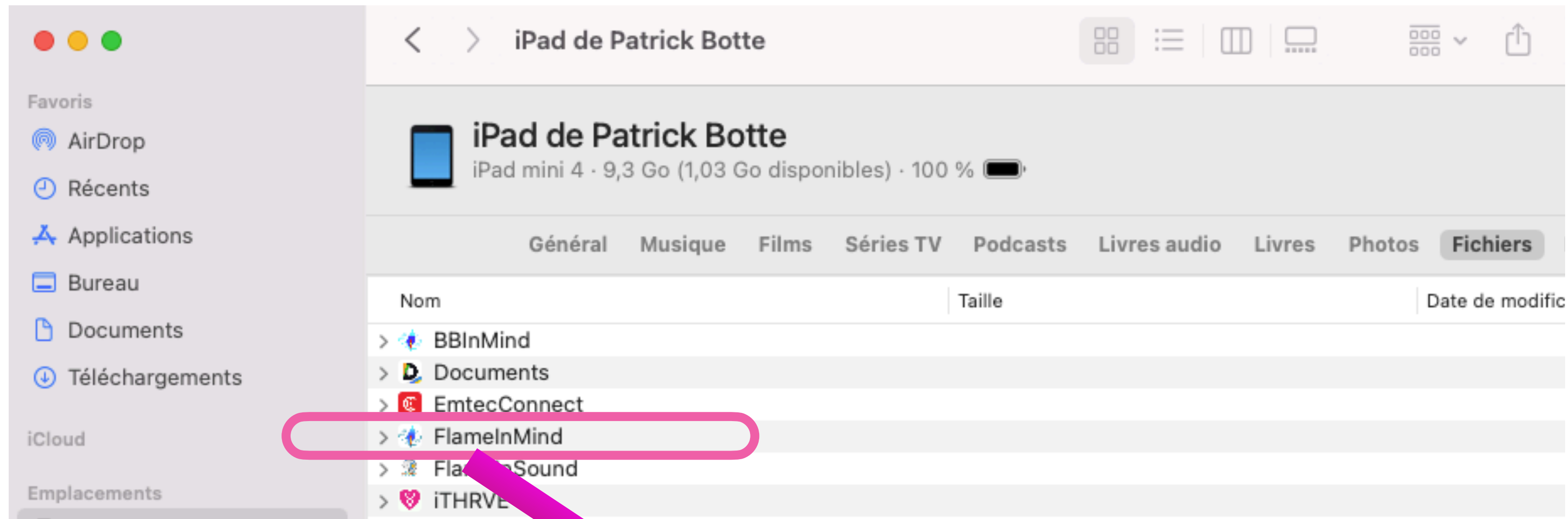
The easiest way is to import the files using FINDER of your Mac

Exporting iPhone/iPad files to Mac [1]

Connect your iPhone/iPad with USB cable.
Open your Finder, select your device, select FILES



Exporting iPhone/iPad CSV files to Mac [2]



Drag and drop the file(s) to one of your Mac Folder

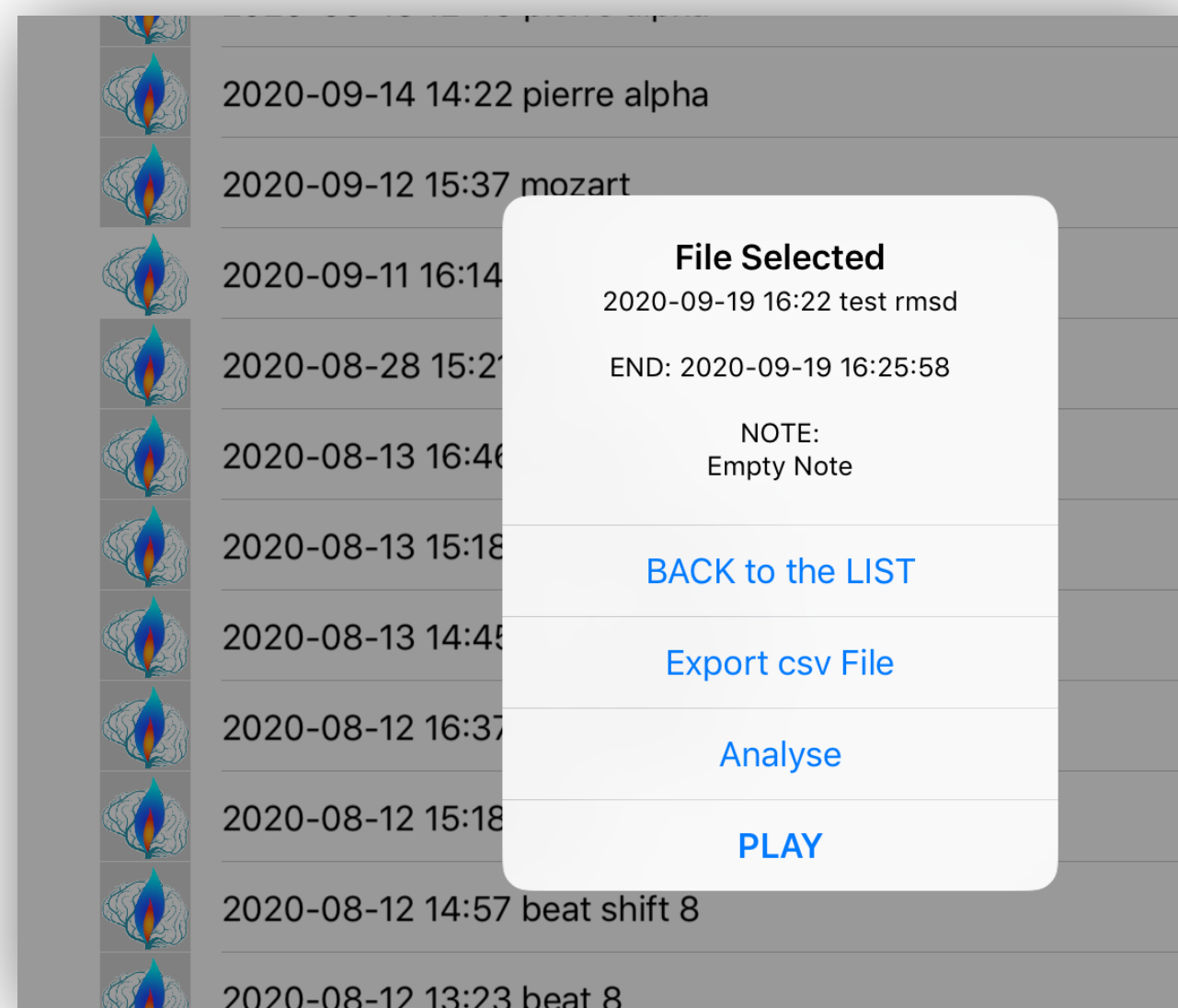


FlameinMind files

.msf (2 channels recording)

.flo (4 channels recording)

.csv (export for Excel)

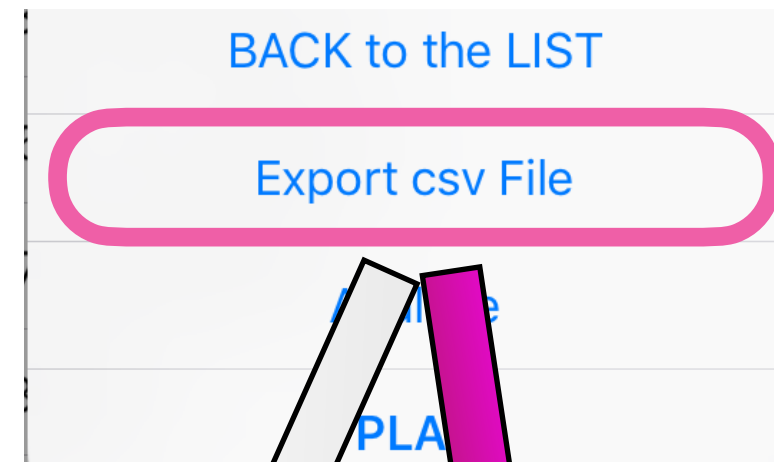


CSV files to Excel [1]

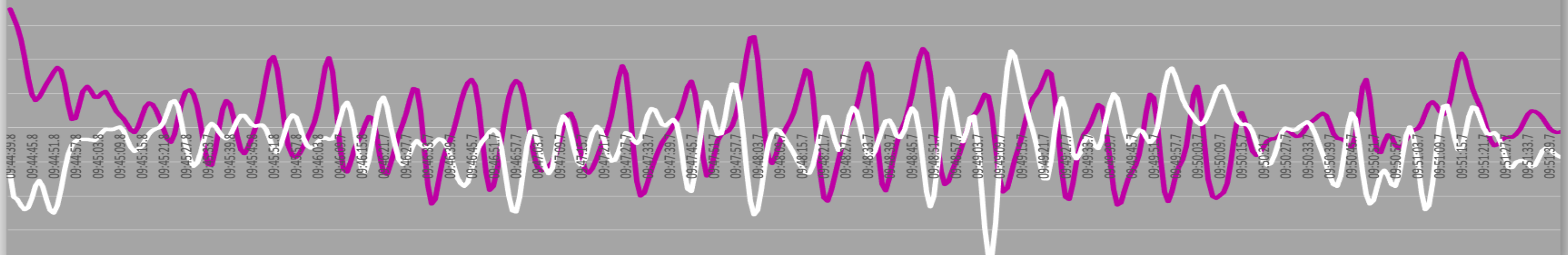
Once the CSV file
Dropped in one of your Mac folder

Open EXCEL
Create a new Excel file
Select File => import
Select import CSV
SELECT Delimited and ;

Export to Excel

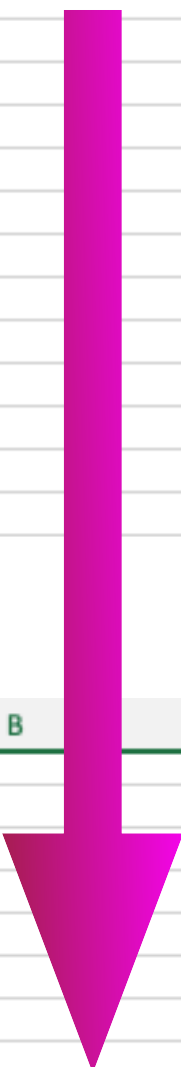


INFRA Brain & HRV Waves



CSV files to Excel [2]

	A	B	C	D	E	F
1	# Flame In Mind export to CSV					
2	# FileName=>		2022-06-04 10:09 venus			
3	# Export date=2022-06-29 16:37:27					
4	# DataAdded=BR__Gamma_To_EXCELL					
5						
6	DATE	TIME	DELTA	THETA	ALPHA	BETA G
7						
8	4/06/22	10:09:19.1	80	12	3	0
9	4/06/22	10:09:20.1	130	34	0	0
10	4/06/22	10:09:21.1	130	36	2	0
11	4/06/22	10:09:22.2	130	22	11	3
12	4/06/22	10:09:23.1	130	34	10	3
13	4/06/22	10:09:24.1	130	42	5	1
14	4/06/22	10:09:25.1	114	71	7	1
15	4/06/22	10:09:26.1	117	63	11	1
16	4/06/22	10:09:27.1	129	51	11	1
17	4/06/22	10:09:28.1	120	62	8	2
18	4/06/22	10:09:29.1	123	59	8	2
19	4/06/22	10:09:30.1	121	51	16	2
20	4/06/22	10:09:31.1	130	41	13	1



	A	B	C	D	E	F
870	SUM_THETA		43			
871	SUM_ALPHA		19			
872	SUM_BETA		3			
873	SUM_Low_GAM		0			
874	SUM_High_GAM		0			
875						
876	L_DELTA		62			
877	R_DELTA		62			
878	L_THETA		22			
879	R_THETA		22			
880	L_ALPHA		9			
881	R_ALPHA		11			
882	L_BETA		2			
883	R_BETA		1			
884	L_Low GAM		0			
885	R_Low GAM		0			
886	L_High GAM		0			
887	R_High GAM		0			
888						
889						
890	# datetimeEnd=2022-06-29 16:46:32					
891	# number of data=839					
892						
893						
894			INFRA WAVES			
895			TIME	HRV_Wave	BR_Wave	
896			10:09:19.1	3274	85	
897			10:09:20.1	2838	247	
898			10:09:21.1	2377	1146	

Go down
Up To
INFRA WAVES

	INFRA WAVES		
	TIME	HRV_Wave	BR_Wave
	10:09:19.1	3274	85
	10:09:20.1	2838	247
	10:09:21.1	2377	1146

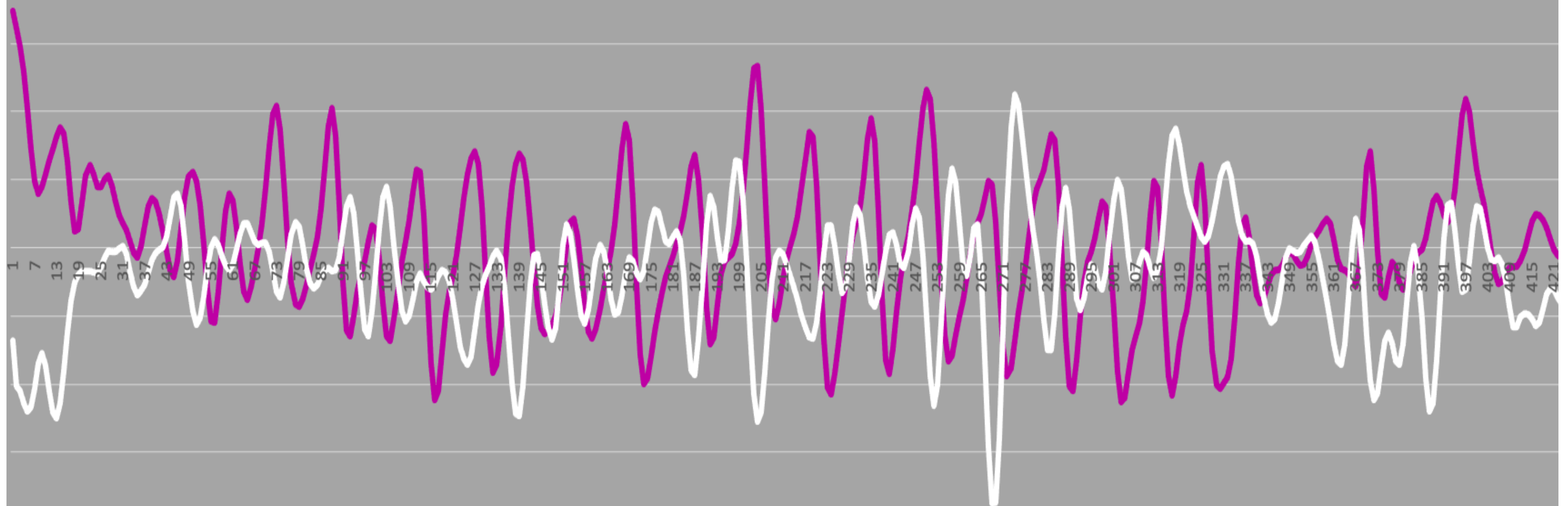
CSV files to Excel [3]

	A	B	C	D	E	F
889						
890	# datetimeEnd=2022-06-29 16:46:32					
891	# number of data=839					
892						
893			INFRA WAVES			
894			TIME	HRV Wave	BR Wave	
895			10:09:19.1	3274	85	
896			10:09:20.1	2838	247	
897			10:09:21.1	2377	1146	
898			10:09:22.2	1962	1572	
899			10:09:23.1	1660	1109	
900			10:09:24.1	1535	-439	
901			10:09:25.1	1580	-2597	
902			10:09:26.1	1704	-4519	
903			10:09:27.1	1815	-5642	
904			10:09:28.1	1893	-5739	
905			10:09:29.1	1947	-4775	
906			10:09:30.1	1996	-3111	
907			10:09:31.1	2054	-1457	
908			10:09:32.1	2126	-452	
909			10:09:33.1	2228	-201	
910			10:09:34.1	2377	-487	
911			10:09:35.1	2498	-962	
912			10:09:36.1	2521	-1089	
913			10:09:37.1	2504	-886	
914			10:09:38.1	2518	-423	
915			10:09:39.1	2478	-151	
916			10:09:40.1	2257	-151	
917			10:09:41.1	1815	-521	
918			10:09:42.1	1285	-1061	
919			10:09:43.1	895	-1541	
920			10:09:44.1	803	-1834	
921			10:09:45.1	908	-1940	
922			10:09:46.2	965	-1677	
923			10:09:47.1	835	-1155	
924			10:09:48.1	651	-582	
925			10:09:49.1	595	-195	

**Highlight
The cells
You want to draw
On the graph**

CSV files to Excel [4]

INFRA Brain & HRV Waves



CSV files to Excel [5]

[illegible]

**You can add
The time base
To your graph**

CSV files to Excel [6]

INFRA Brain & HRV Waves

